

CRITERIA 7 - INSTITUTIONAL VALUES AND BEST PRACTICES

INCLUSION, SITUATEDNESS, HUMAN VALUES AND PROFESSIONAL ETHICS

7.1.4 Describe the Institutional efforts/initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and Sensitization of students and employees to the constitutional obligations: values, rights, duties and responsibilities of citizens.

Index for Supporting Documents

S. No.	Particulars	Page No.
1	UG Orientation	1 - 11
2	PG Orientation	12 - 17
3	Programs conducted on Value and Ethics	
a	Special Olympics Bharat - 2022	18 - 20
b	Life style education program	21 - 23
c	World Hypertension Day	24 - 26
d	Blood Donor Day	27 - 28
e	Nutrition assessment and education	29 - 31
f	World Nutrition Day	32 - 33
g	Awareness program on Air pollution	34 - 35
h	Safety in Health and Hygiene	36 - 37
4	Program wise list of courses/ units on Ethics, Human values, Gender, Environment and Sustainability	38 - 39
5	Description of courses/ units on Ethics, Human values, Gender, Environment and Sustainability	40 - 43
6	Community services and awareness programs	
a	Anaemia Awareness program	44 - 45
b	Nutritional Community Counselling program	46 - 47
c	Health camp	48 - 49
7	National/International/Commemorative day celebrated in the institutions	50 - 52
8	National Youth day	53 - 54
9	Teachers day	55 - 57
10	Saraswathi Pooja celebration	58 - 60
11	Onam day celebration	61 - 62
12	Kannada Rajyotsava Day celebration	63 - 64
13	International Women's day	65
14	National Science day	66 - 68
15	Fit India Movement	69 - 71
16	Ganesh Chaturthi celebration	72 - 73
17	Gandhi Jayathi celebration	74 - 75
18	Composition of Anti-Ragging Committee	76 - 80
19	Anti-Ragging awareness program	81 - 83
20	Anti-Ragging Grievances received and Action taken report	84 - 87
21	Anti-Sexual Harassment Committee	88 - 89
22	Anti-Sexual awareness program	90 - 92



Anuradha M

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

UG ORIENTATION

Lecture series	
Title	1. Talk on Science Education in India. 2. Challenges in starting food Industries
Speaker	1. Dr. K K Narayanan, MD, Metahelix Life sciences 2. Mr.Krishnappa, Paramount Nutritions Pvt Ltd
Participants	UG Students(100), Parents, 25 Faculties
Occasion	UG Orientation

Program Schedule

S. no.	Event	Time
1	Registration	9:30AM - 11:00AM
2	Invocation and Prayer	11:00AM - 11:15AM
3	Welcome note by Dr. Deeshma.K.P	11:15AM - 11:30AM
4	About Padmashree Institute of Management & Sciences by Dr.Anuradha	11:30AM - 11:45AM
5	Address by Guest of Honour Dr. K. K. Narayanan	11:45AM - 12:05PM
6	Address by Chief guest Mr B Krishnappa	12:05PM - 12:25PM
7	Address by Managing Trustee Padmashree Group of Institutions, Shri T. K. Narayanappa	12:25PM - 12:30PM
8	Speech by Founder of Padmashree Charitable Trust, MLA of Malleswaram constitution Dr C. N. Ashwath Narayan	12:30PM - 12:45PM
9	Presidential remarks by Chairman of Padmashree Group of Institutions Mr.Satish	12:45PM - 12:50PM
10	Vote of Thanks by Mrs. Subbalkshmi.G	12: 50PM - 1:00PM

List of Participants: UG ORIENTATION PROGRAM

Sl.no.	Participants name	Parents name	Attendance
1	Akshatha.S	Mr. Sadasivaiah	P
2	Vandana. G	Mr. Gaviyappa	P
3	Afsha Sanobar		P
4	Tayyaba Ahmed	Mr. Sayeed Ahmed	P
5	Soundarya C M		P
6	Sreelakshmi Sanjay		P
7	Poonam mewara		P
8	Saloni mewara		P
9	Darshan Gowda		P
10	Chandana S		P
11	Satyavani G		P
12	Jeffin renji		P
13	Harshitha C		P
14	Kwairakpam maipak Meiti		P
15	Madan R D	Mr. Dananjaya S	P
16	Dhananjaiah	Mr. Murthy T H	P
17	Monisha P	Mr. Prakash A N	P
18	Deepika	Mr. Jayakumar K C	P
19	Aishwarya C Shetty	Mr. Chandrashekar shetty	P
20	Sharyu N Shivankar		P
21	Akshaya A	Mr. Anbu K	P
22	Shwetha Naik	Mr. Naaraj Naik	P
23	Sahana B.S	Mr. Sadasivamurty	P
24	Sindhu vitthala patagar	Mr. Vittala patagar	P
25	Sushmita chowdary		P
26	Chandana M	Manjunath M	P
27	Akshay Yadav	Nagaraj S	P
28	Varshitha G S		P
29	Sanjana S Kanguri		P
30	Mohith Pareek		P
31	Anjali A	Mr. Alagu Sundaram	P
32	Aayesha Parveen	Mr. Mohamed Baiju	P
33	Afreena S	Mr. Mustafa C	P
34	Ananya Patra Sil	Mr. Samarsil	P
35	Aparna Kashyap	Mrs Sharada Jha	P
36	Aravind Naik	Mr. Manja Naik	P
37	Ashna mathew	Mr. Matthew T	P
38	Bhavya S		P
39	Bhoomika L R		P
40	Chanchal O P	Mr. Poullose	P
41	Chandana N		P
42	Ejas Ahmed		P



Anuradha

Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

43	Fayiz		P
44	Gopal anshu	Mr. Gopal Sridhar	P
45	Indukuri Janaki Devi	Mr. Indukuri Chakravarthi Raju	P
46	Jesna sebastian	Mr. Sebastian Parackal	P
47	Kashmira Panicker	Mr. Ajeeth M S	P
48	Kavya R	Mr. V Ramdas	P
49	Kola malika	Mr. Sampath reddy	P
50	Koppula Akhila	Mr. K Satyanarayana	P
51	Kothamasu samata	Mr. K. Anjaneyulu	P
52	Leaya anna bency	Mr. Bency P John	P
53	Malavika santosh	Mr. Santhosh Kumar	P
54	Malipatel Lahari	Mr. Srinivas reddy	P
55	Pooja Hanasi	Mr. Thippeswamy	P
56	Poonam Battad	Mr. Srigopal bhattad	P
57	Princy K Pylloth	Mr. K K Pylloth	P
58	Pullur Hema sudha		P
59	Punit Nameiarakpam	Mr. N Sharath singh	P
60	Ranjitha H C		P
61	Sai Likitha	Mr. Ramesh P	P
62	Shilna Kuriyakose	Mr. Kuriyakose P	P
63	Singamsetty Praneetha	Mr. Vijaya sarathi kumar	P
64	Suma Bai M		P
65	Susmitha P Wilson	Mr. Wilson John	P
66	Syeda Afrin Rahman		P
67	Waikhom Dhanapati devi	Mr. Waikhom babuyai singh	P
68	Akash Sumil R	Mr. Sunil Kumar	P
69	Abhiram Anand	Mr. Anandan	P
70	Abhishek T Vasu	Mr. T R Vasu	P
71	Abhi S J	Mr. Sathya raj	P
72	Aleena	Mr. Anthony	P
73	Amith Saji	Mr. Shibi Saji	P
74	Amruth Harshan	Dr. Padma Harshan	P
75	Ann Mary Antony	Mr. P J Antony	P
76	Anurag N R	Mr. Nanu	P
77	Anush Johnson	Mr. Johnson T	P
78	Basil K skaria	Mr Sckaria	P
79	Bhumika R	Mr.Rudramari B	P
80	Binoy M P	Mr. Vinodan M P	P
81	Bobbili charishma		P
82	Brito Kuriyan Babu	Mr. Babu kuryan	P
83	Dilna sibi	Mr. Sibi M M	P
84	Divya prakash	Mr. Prakash	P
85	Doddaka Venkata naga Suresh	Mr. Doddaka venkateshwarulu	P
86	Don Jose	Mr. Joseph	P



Anuradha

Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

87	Gifty Samuel	Mr. Samuel	P
88	Gummadi Akhila	Mr. G Venkatarathnam	P
89	Harsha H C	Mr. Chandra kumar	P
90	Harshitha R G	Mr. Gireesh	P
91	Hima S Nair	Mr. Shashidharan	P
92	Joyal Babu		P
93	K Krishnananda	Mr. Nageshwar rao	P
94	M. Raviteja	Mr. Srinivas	P
95	Vishnupriya	Mr. Suresh kumar T P	P
96	Subin T	Mr. Ummikrishnan	P
97	Sidharth M		P
98	Rohith Singh S		P
99	Reethul V george		P
100	Nishanth M	Mr. Mohan Raj	P
101	Karun T B	Mr. Basheer K	P
102	Kattamuru Rajeshwari	Mr. Kattamuru Ramarao	P
103	Kiran raj J		P
104	Kiran V Angadi	Mr. Veeranna B Angadi	P
105	Labeeb abdul	Mr. Abdul latheef	P
106	Lingoiu Priya Bhavana	Mr. Narasimhachari	P
107	Madiga deepa	Mr. Nagachandra	P
108	Mohammed shamil	Mr. Ashraf ali	P
109	Nandish R N	Mr. Narasimhappa	P
110	Rakshitha G	Mr. Govinda raj	P
111	Reethul V George	Mr. George varkey	P
112	Ridhin roji	Mr. Roji Philip	P
113	Riyoodaka pariyat	Mr. Rimanki synnah	P
114	Rohith singh S	Mr. Shaitan singh	P
115	Shanu shinas	Mr. Azeez V	P
116	Shashank	Mr. Venkateshappa	P
117	Shomin C Saji		P
118	Sudi Vinay kumar		P
119	Ateek ahmed	Mr. Mohamad Nilfar	P
120	Chandan B G		P
121	Hement N	Mr. Nagabhushana A	P
122	Mohammed afthab	Mr. Allahbaksh	P
123	Naveen kumar M	Mr. Manjunath	P
124	Prajwal R Koushik	Mr. Ramesha D S	P
125	Mohamed saleh salem	Mr. Saleh	P
126	Sanjiv kumar	Mr. Jalandhar singh	P
127	Santhosh thakur	Mr. Harihar thakur	P
128	Sudhanshu Kumar	Mr. Bhushan kumar	P
129	Rohan kumar danup	Mr. Rohana kumar	P



Anuradha M

Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

Photo Gallery: UG Orientation Program 2018



Anuradha M
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Anuradha M

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Anuradha M

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Program Summary:

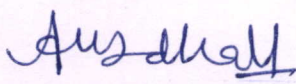
Dr. K K Narayanan emphasized on importance of science education and also the importance of learning science to all students and also stressed upon teaching strategies for Today's science educator. He mentioned that science shapes daily lives in all aspects. He also enlightened students that learning science benefits individual in many ways, like ability to ask question, organisational skills, problem solving skills, communication skills and also acts as platform for building confidence.

Dr. K K Narayanan talk was so motivational for the students, finally he concluded by sharing a famous quote, "The important is to never stop questioning-Albert Einstein".

Mr. Krishnappa, the next speaker from Paramount Nutrition's Pvt Ltd, gave a talk on Food entrepreneurship - Challenges in starting food industries for the food course students, he also gave an overview how branch of Life science and Food Science is interconnected. He also shared knowledge about essential skills required for a food Industry are Business skills, Planning and management skills, Leadership skills, marketing and finally financial skills. They stressed on the importance of Food entrepreneurship opportunities.

Finally, both the guest speakers visited the college laboratory facilities and expressed their appreciation to our Principal, Dr. Anuradha M, for her hard work and dedication towards the research developmental activities. They also had a one-to-one interaction with students and shared all their experience and knowledge.




Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

UG ORIENTATION- BRIDGING THE ACADEMY AND INDUSTRY GAP: A WAY FORWARD

06th OCTOBER 2020 at 10:00 AM

ZoomLink: <https://us02web.zoom.us/j/89974545358?pwd=SjY2cmFZQkNPa1pIRnlSb1hmTUUpKdz09>



BRIDGING THE ACADEMY AND INDUSTRY GAP: A WAY FORWARD


ORGANISED BY
PADMASHREE
INSTITUTE OF MANAGEMENT
AND SCIENCES


LIVE WEBINAR ON 6TH OCTOBER 2020 @ 10.00AM


Skill Development to Enhance Career Opportunities


 **Prof. SS.Easwaran**
Academic Dean, Biocon Academy
Bengaluru

Interdisciplinary approach for career growth : Sky is the limit

 **Prof. Anuradha M**
Principal, Padmashree Institute of
Management and Sciences, Bengaluru

JOIN HERE
 Video Conferencing

REGISTER HERE 

JOIN HERE


Website: www.pims.org.in

Program Schedule:

Date and Time	Topic	Speaker
06/10/2020 10:00AM – 11:15AM	Skill Development to enhance Career Opportunities	Prof. SS. Easwaran Academic Dean, Biocon Academy, Bengaluru
06/10/2020 11:15AM – 12:30PM	Interdisciplinary approach for career growth: Sky is the limit	Prof Anuradha M Principal, Padmashree Institute of Management and Sciences, Bengaluru

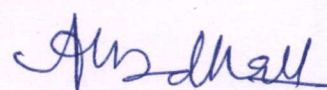
Program Summary:

The orientation program was conducted for under graduate students on 6th October 2020, based on the theme “Bridging the Academy and Industry GAP: A Way Forward”.

The students and parents were welcomed virtually by the members of PIMS. The programme included two ice breaking sessions by Dr. Anuradha M, Principal, PIMS and Prof. SS. Easwaran, Academic Dean, Biocon Academy, Bengaluru.

Prof. SS Easwaran gave an insight about the topic “Skill Development to Enhance Career Opportunities”. The talk was focussed on importance of acquiring skills and importance of Skill based learning in Industry, research and for higher studies. The expert insisted on importance of acquiring knowledge through practical skills and conceptual learning, that will enhance logical skills.

Dr. Anuradha M spoke about topic “Interdisciplinary approach for career growth: Sky is the limit”. The talk focussed on importance of acquiring knowledge from various domains and importance of those in research project and career growth. The students were enlightened with basic skills and techniques required in individual domains like Food Science and Nutrition, Life Sciences.

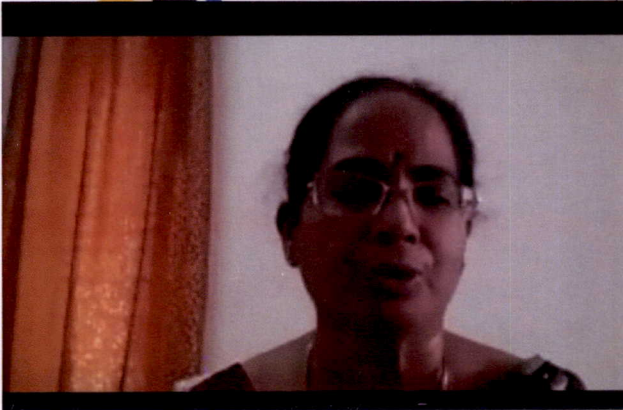
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Photo Gallery: Bridging the Academy and Industry GAP: A Way Forward

Key Messages

Biocon Academy

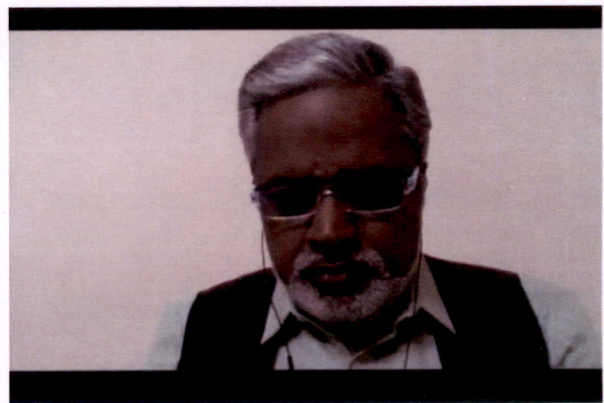
- Move the responsibility of learning to students
- Engaging pedagogy



Biocon Academy
Adding Value, Enhancing Skills

**Wishing All of You a Great Success
Happy Learning!**

ss.easwaran@bioconacademy.com | 088848 99898 | www.bioconacademy.com



Anuradha M

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

PG ORIENTATION

Title	1. Talk on careers in Food Industry 2. Talk on careers in Bio-Pharma
Speaker	1. Mr. Shailendra sharma- Kanti Sweets 2. Mr. Srinath N S-Merck
Participants	100 Students, Parents and 25 Faculties
Occasion	PG Orientation Programme

Program Schedule:

Sl no	Event name	Timing
1	Registration	9:30am - 11:00am
2	Inauguration and prayer	11:00am -11:15am
3	Welcome note	11:15am -11:30am
4	About institution by Dr. Anuradha	11:30am - 11:45am
5	Talk by Mr. N.S. Sreenath	11:45am - 12:10 pm
6	Talk by Mr. Shailendra Sharma	12:10pm - 12:30 pm
7	Talk by Shri T.K. Narayanappa	12:30 pm - 12:45pm
9	Talk by Mr. Satish	12:45pm -12:50pm
10	Vote of thanks	12: 50pm - 1:00pm



Anuradha M
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Anuradha M
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

List of Participants			
PG ORIENTATION PROGRAM			
Sl.no.	Name of the Participant	Parents name	Attendance
1	Anandi	Mr. Sunil	P
2	Chaya D	Mr. Dhabanendra	P
3	Sushmitha M	Mr. Muniswami raja	P
4	Uzma farheen	Mr. Shafi Ahmed	P
5	Vijaya	Mr. Ramaiah	P
6	Anjan kumar	Mr. Gangaraju	P
7	Prabhakar	Mr. Nardesh prabhakar	P
8	Fouzia bano	Mr. Dilshad banu	P
9	Ankitha Das	Mr. Pradeep kumar Das	P
10	Bi Bi Nikath Fathima	Mr. Athha ur Rahman	P
11	Divya K	Mr. Hannappa B	P
12	Kavya K		P
13	Mamatha H	Mr. Venkatesh	P
14	Pooja yadav	Mr. Birendra kumar yadav	P
15	Dewan Moniruz Zaman	Mr. Dewan abdul bareque	P
16	Nazia begum	Mr. Munsheer baig A	P
17	Tulika Priyadarshini	Mr. Manoj kumar thakur	P
18	Fajina K	Mr. Kamarudeen K	P
19	Gurram Sahithi	Mr. Subhash	P
20	Henna Dash	Mr. Hrushikesh Dash	P
21	KSH Sophia	Mr. KSH Hemanth Singh	P
22	Liya mariyan	Mr. Ignatius C E	P
23	Namratha Chalkraborty	Mr. Barun Chakraborty	P
24	Ngairangbam Mirada devi	Mr. Ng. Motilal Singh	P
25	Preethi stevia lewis	Mr. Edwin george lewis	P
26	Ramavath deepa	Mr. R Lakshma	P
27	Rekha G	Mr. Govindappa	P
28	Sefin boby	Mr. Bobby michael	P
29	T Harshitha	Mr. Lachaiah thangalapally	P
30	Thalakoti Chaithanya	Mr. T Prasad	P
31	Vijayalakshmi B S	Mr. Balasubramany	P
32	Champana K K	Mr. Krisnappa	P
33	Chenigala Deeksha	Mr. Chenigala Anjaiah goud	P
34	Chinmayi G	Mr. Giri T V	P
35	Irfan K	Mr. Abdul salman kutton	P
36	Muhammed M Ali	Mr. Muammed Ali APV	P
37	Sathya Prakash	Mr. Rampal	P
38	Soundarya L	Mr. Lakshmipathi	P
39	Srinidhi	Mr. Girish kumar	P
40	Suman Rajendra Shirol	Mr. Rajendra shirol	P
41	Bindu N R	Mr. Rananataiah	P
42	Blesy P T	Mr. Thomos	P
43	Gaganashree S	Mrs. Devarajamma	P



Anuradha M
 Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

44	Kareem pasha	Mr. Gousepeer	P
45	Kavyashree S R	Mr. Rananatappa	P
46	Meghana S	Mr. Siddagangappa	P
47	Metali Jana	Mr. Jana	P
48	Nolezonu sophie	Mr. Kechongol sophie	P
49	Pavan K S	Mr. Somasekaraiah	P
50	Prathiba Chouhan	Mr. Mansuk lal chouhan	P
51	Sangeeta deshpande	Mrs. Manjula deshpande	P
52	Sanjay M S	M.S Suntane	P
53	Akhil tom mathew	Mr. Matthew Thakidiyel	P
54	Akshaya Anthony	Mr. Antony Cyriac	P
55	Amal K K	Mr. Kamaraj	P
56	Anita Joseph	Mr. Joseph C N	P
57	Anjana Joy	Mr. AJ Joy	P
58	Anvita thomas	Mr. Thomas George	P
59	Arjun Batta	Mr. Karunakanta	P
60	Athira prabhakaran	Mr. Prabakaran	P
61	Debapriya saho	Mr. Gayadhar saho	P
62	Eldose P M	Mr. Sabu Markose	P
63	Harshada Roge	Mr. Subash Roge	P
64	Helen rose EJ	Mr. Johney EJ	P
65	Junaid J U	Mr. Jamal	P
66	Monisha M S	Mr. Salim	P
67	Muhsin V K	Mr. Sajida	P
68	Priyanjali singh	Mr. Premkishan singh	P
69	Rithika Rajesh	Mr. Rajesh raman	P
70	Rona angel	Mr. Muraleedharan	P
71	Roslin sam	Mr. Sam kuriyan	P
72	Sherin Johnson	Mr. C V Johnson	P
73	Sreedrishya A K	Mr. Vinod kumar	P
74	Thakadiyel Anjaly Ashokan	Mr. Ashokan	P
75	Tatikatla Amulya	Mr. Tatikatla balakondaiah	P
76	Vishnu govind E L	Mr. Unnikrisnan	P
77	Dr.Indu B K		P
78	Rekha J M		P
79	Dr. Umalatha		P
80	Dr. Sudipta Kumar Moanty		P
81	Dr. Thammaiah		P
82	Dr. Shilpa		P
83	Dr. Sarada devi		P
84	Dr. Rashmi		P
85	Dr. Deeshma		P
86	Mrs. Manjubhargavi		P
87	Mrs. Ashwini		P
88	Mrs. Rajini		P
89	Mrs. Yamuna G		P
90	Dr. Nethra S		P



Anuradha M

Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

91	Mrs. Subbulakshmi		P
92	Dr. Mohammad Aman		P
93	Mr. Raju		P
94	Mr. Roopesh		P
95	Ms. Navya		P
96	Dr. Vijetha		P
97	Ms. Charishma		P
98	Dr. Preenone bagchi		P
99	Mrs. Anitha S G		P
100	Ms. Teenu thomas		P

Summary of the Program:

The first session was on Career options in Food Industry presented by Mr, Shailendra Sharma, MD, Kanthi sweets. In his presentation he focused on about the basic knowledge required to develop food product, importance and purpose of entrepreneurship in food industry. He also stressed upon the elements of to start a food business.

Mr. Shailendra Sharma also extended opportunity for internship for food students to develop to bridge gap between the Industry and Academia.

The next session started with another interesting topic on Career options in Biopharma, presented by Mr. Srinath N S from Merck Pharma. The session was focused on emphasizing the importance of choosing Life science in post-graduation. The importance of positive employment market. He also stressed on while choosing a company for a good career, the students should see company stability and learning opportunities.

He also emphasized on the importance of role of research knowledge in pharma industry.



Anuradha M

Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

PROGRAMS CONDUCTED ON VALUES AND ETHICS

Value and ethics:

Topic - Special Olympics Bharat – 2022



Our students screening the Specially Challenged Children



Anuradha



Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Anuradha M

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences





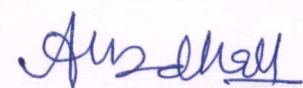
Guinness World Records Certificate for the Special Olympics Bharat program

Summary

The Special Olympics Bharat (SOB) is a Charitable Trust registered under the Indian Trust Act 1882 using sports as a catalyst to transform the lives of children and adults with Intellectual Disability. Padmashree Institute of Management and Sciences received special invitation from Special Olympics Bharat Committee, Ministry of Youth Affairs & Sports, Govt of India.

The invitation was to train one of our faculty as Assistant Clinical Director which was organized at India Medical Association, Kochi, Kerala. Dr Shilpa of Padmashree Institute of Management and Sciences underwent the training on March 6th 2022 at Kochi. Our students participated in the webinar and were eager to get trained to screen the specially challenged children in Bangalore.

The Screening happened in two centres of Bangalore one was at M.S Ramaiah Hospital and another was at R.V Dental College and Hospital on April 7 th 2022. The screening in Bangalore was done by our students registering as volunteers in Special Olympics Bharat app. This app helped the students to enter the athlete details and information in a specific format.

Dr. Anuradha. M
Principal

**Padmashree Institute of
Management & Sciences**

Topic - Life style Education Program

Date – 14.05.2022

Yoga Parijnana Pratishthana ®
POORNAYU AYURVEDA KENDRA

Ayurveda- Yoga - Vedanta - Anusandhana Kendra

S-64/1, Halebyrohalli Road, 7th Block, Kempegowda Layout,
Kommaghatta, Kengeri, Bangalore - 560 060.

Ph.:080-23528787 / 9481037171/9480709995/9449002020

in Association with



Padmashree Group of Institutions

Kommaghatta, Bangalore &

Vibhu Foundation, Bengaluru

A DAY WITH NATURE

Lifestyle Education Program

Based on Traditional Food Habits & Health

DATE: 14-05-2022 Saturday TIMINGS: 10.00 am Onwards

Inaugural Speech by : Swami Shri Shivaprakashananda Saraswatiji

Founder of Vibhu Foundation, Bangalore.

Food Habits Yogic Practices and Healthy-Happy Being

Chief guests : Sri T. K Narayanappa

Managing Trustee. Padmashree Group of Institutions, Bangalore.

Chief guests : Dr.Anuradha M

Principal, Padmashree Institute for Management & Sciences

Presided by : Ashok Haranahalli

President ,Akhila Karnataka Brahmana Mahasabha & Ex.
Advocate General, Karnataka

Sessions 1 : Dr. Muralidhar Poornayu Ayurveda Center

Traditional Food Habits and Health -Myths & facts

Sessions 2 : Dr. Sukumar Ayurveda physician

Individual Constitutions and Food Habits- Do's & don't Do's

SESSIONS FOLLOWED BY LUNCH

ALL ARE WELCOME

Note: confirmation of your participation will be appreciated

Photo Gallery: Life style Education Program 2022



Anuradha
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Summary

The program was organized by Poornayu Ayurveda Kendra in association with our college “Padmashree Institute of Management and Sciences”.

The Poornayu Ayurveda Kendra was founded in the year 2004. This foundation helps people by suggesting traditional food to be healthy and cure many diseases like neurological disorder, slip disc, spondylitis, diabetes and many other diseases.

The overall seminar was so informative and fun at the same time. The students of M.Sc CND, FN and M.Voc, are very happy to take part in such program as it is even useful in their core areas of study.

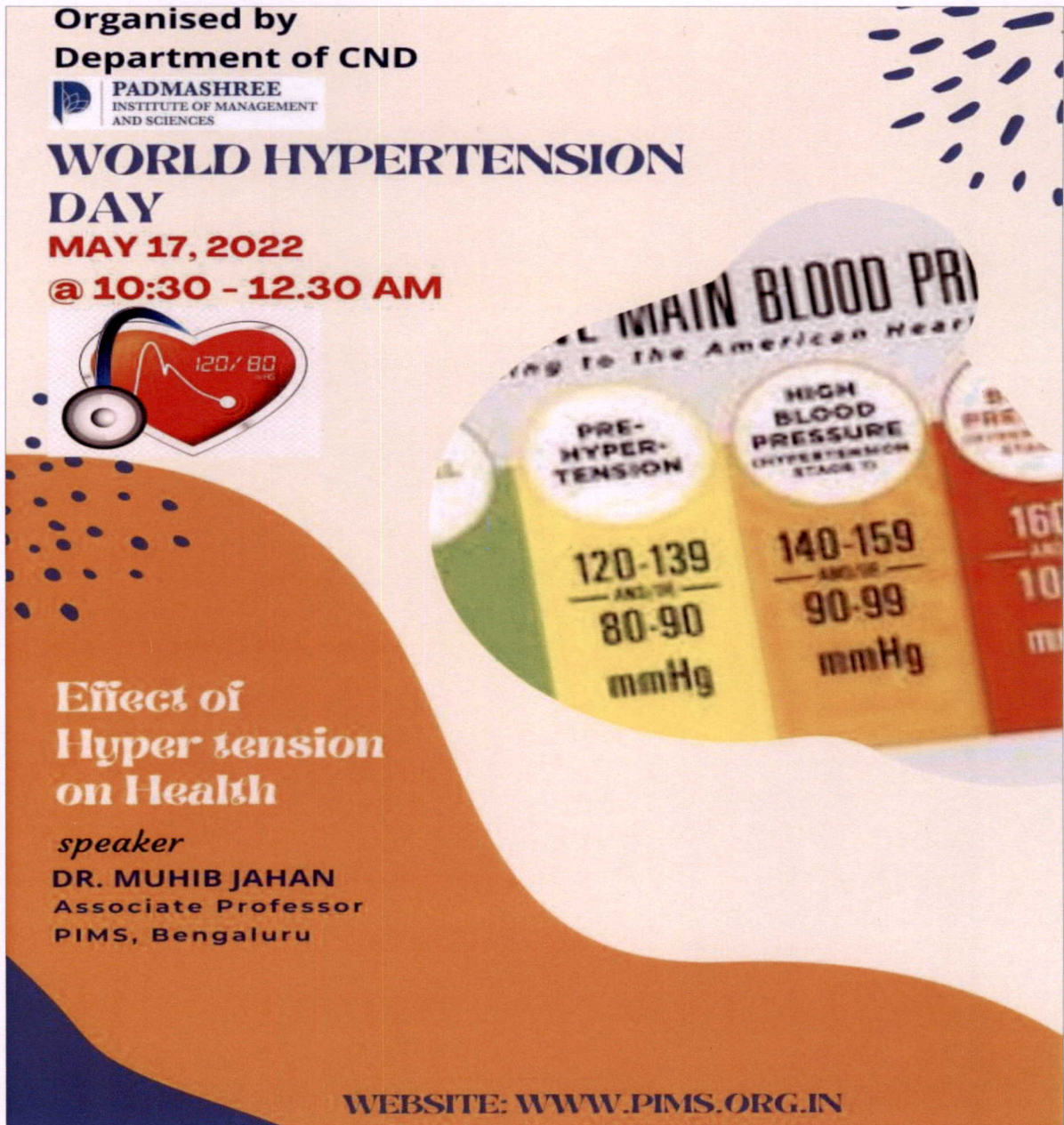


Anuradha M


Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

Topic - World Hypertension Day


Date – 17.05.2022



Organised by
Department of CND

 **PADMASHREE**
INSTITUTE OF MANAGEMENT
AND SCIENCES

**WORLD HYPERTENSION
DAY**
MAY 17, 2022
@ 10:30 - 12.30 AM



**Effect of
Hypertension
on Health**

speaker
DR. MUHIB JAHAN
Associate Professor
PIMS, Bengaluru

WEBSITE: WWW.PIMS.ORG.IN

KEEP YOUR MAIN BLOOD PRESSURE UNDER CONTROL
Protecting the American Heart!

Category	Systolic (mmHg)	Diastolic (mmHg)
PRE-HYPERTENSION	120-139	80-90
HIGH BLOOD PRESSURE (HYPERENSION STAGE 1)	140-159	90-99
HIGH BLOOD PRESSURE (HYPERENSION STAGE 2)	160-179	100-109

Photo Gallery: World Hypertension Day 2022



Anuradha

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

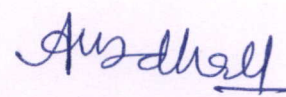




Summary:

World Hypertension Day was celebrated in Padmashree Institute of Management and Sciences organized by the Department of Clinical Nutrition and Dietetics on May 17th, 2022. The resource person for the day was Dr. Muhib Jahan. She has given an informative talk to our students regarding the causes and effects of hypertension health. She clearly explained the influence of diet, physical activity, and body composition on hypertension. She also highlighted on, Hypertension is a multifactorial disease that is greatly influenced by lifestyle, age, gender, and hereditary factors. There are some modifiable risk factors that can be controlled and modified by people to reduce the risk of hypertension.

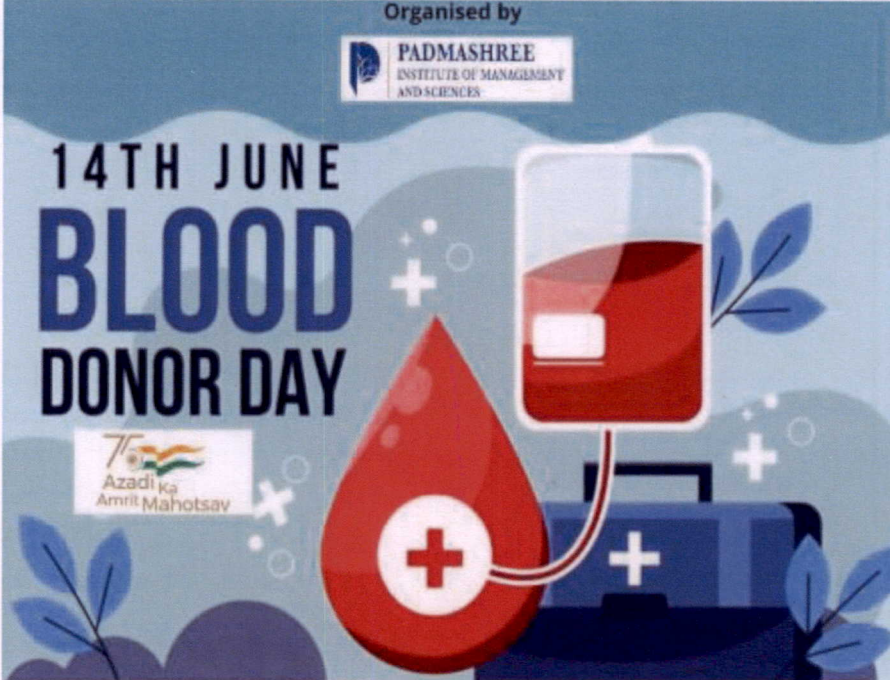
She also added some tips and precautions to be taken if a person is suffering from hypertension. If hypertension is not diagnosed and treated at the right stage it may lead to the risk of developing atherosclerosis, stroke, and Coronary heart disease. She also emphasized to clinical nutrition students to effectively learn about planning of diets for these kinds of conditions and educate the community about the risk factors that cause hypertension. Students interacted with the doctor and clarified their doubts.




Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Topic - Blood donor day


Date -14-06-2022 and 17-06-2022



Organised by

 **PADMASHREE**
INSTITUTE OF MANAGEMENT
AND SCIENCES


**14TH JUNE
BLOOD
DONOR DAY**



14TH JUNE 2022 @ 11:30 AM
VENUE SCIENCE BLOCCK, PIMS CAMPUS

GUEST SPEAKER
AWARENESS ABOUT BLOOD DONATION
KAMALA ESHWAR
Program officer - Community Services Dept and
Blood Bank Counselor, Soft Skill Trainer

GIVE THE GIFT OF BLOOD AND HELP SAVE A LIFE.
ON 17 TH JUNE 2022
BLOOD DONATION CAMP IN THE CAMPUS





 website: www.pims.org.in  YouTube

Photo Gallery: Blood donor day 2022



Summary

The program was organised by NSS Unit, PIMS, supported by Bangalore Medical services trust (BMS), Rotary Bangalore. Ms. Medha, M.Voc Student PIMS, welcomed the guest speaker and all the participants of the program. Dr. Kamala Eshwar, Program officer, BMS spoke on the importance of blood donation act. As a part of the event, blood donation camp was organised on 17th June 2022. Members of Bangalore Medical services made us understand the importance of blood donation. Around 100 volunteers, including staff and students participated in the event. Donors were provided with fruits and health drinks and were taken care by NSS volunteers. The program was a big success and really helpful for the needy.



Anuradha M

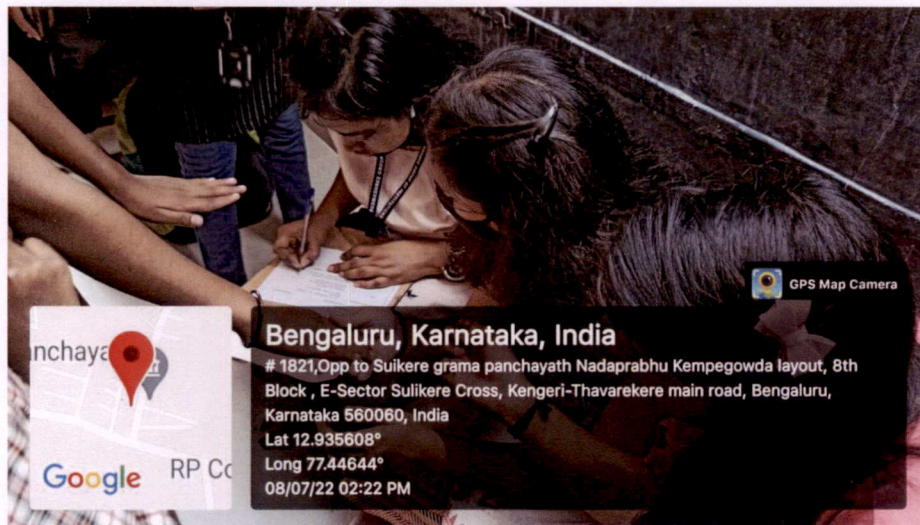
Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

Topic – Nutrition Assessment and education at Sulikere Govt primary School

Date – 08 -07 -2022



Anthropometric Assessment



Clinical Examination



Anuradha

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Photo Gallery: Nutrition Assessment and education at Sulikere Govt primary School



Anuradha M
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Nutrition education using charts

Summary:

Students of BSC Clinical Nutrition and Dietetics 4th semester conducted nutrition assessment and education in Sulikere village government school as a part of their curriculum.

Sulikere village is located in Bangalore South taluka of Bangalore district in Karnataka, India. It is situated 5km away from sub-district headquarter Bangalore South tehsildar office. Sulikere has a total population of 1,070 peoples, out of which male population is 555 while female population is 515. We selected Govt. primary school of Sulikere village which near to our campus.

Children selected for the nutrition intervention program were of age 10. Rapport building was essential in order make them comfortable and get familiar with us. First we had introductory session, followed by games. All children were made to play passing the ball game and whoever lost were made to dance and were sent for nutritional assessment. This made them feel comfortable with us and they were enjoying.

There were 3 nutritional assessment counters, anthropometric measurement, clinical examination and dietary assessment.

After the nutritional assessment, we conducted nutrition education program for the students. Charts were used to convey the message and one skit was performed on the topic “healthy food Vs unhealthy food” to make it better understandable for the students.

At the end, students were given bananas and crayons as a token of gratitude for participating in the intervention program.

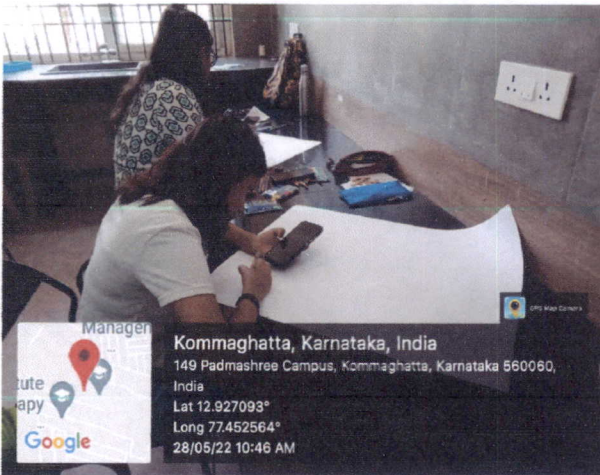
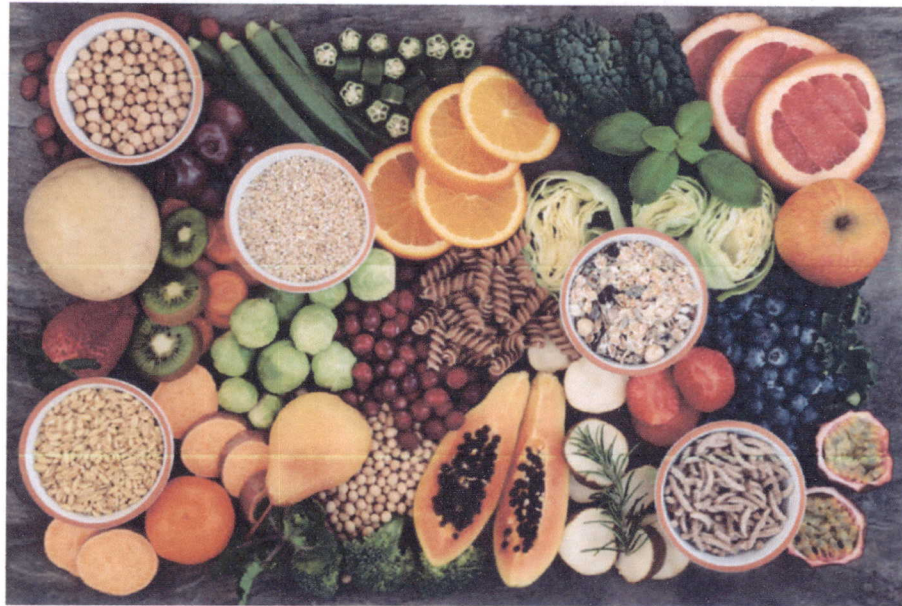


Anuradha M
Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

Topic – World Nutrition day Celebration - 2022

Date – 28.05.2022

Photo Gallery



Anuradha M
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Summary:

Nutrition is the science of consuming and using foods. Food provides our body with energy, protein, essential fats, vitamins, and minerals to live, grow and function properly. Therefore a balanced diet is essential for good health and well-being. It is said that an unhealthy diet increases the risk of many diet-related diseases.


Nutrition contents in a person's body are very essential for the proper functioning of the body and avoid deficiencies. And for this, a proper nutrition intake in our diet is also necessary. While various awareness activities are usually conducted to educate people on the need for nutrition in our bodies, World Nutrition day being one such important event.

The occasion is marked every year on 28th May to spread awareness about the importance of the right nutrition.

The Nutrition day was celebrated on 28th October 2022, by the guidance of beloved principal, Dr. Anuradha M, and HOD of CND, Dr. Shilpa P. The event was held at the clinical nutrition lab from 9.30am onwards and concluded by 1.00pm.

Two competitions were planned for the students, one was Nutrifeast (cooking without fire) and Nutri-plex (poster making). Students were informed about the competitions well-in advance. The following rules were prepared for the competitions.




Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Topic - Awareness program on Air pollution

Date- 24.07.2022

Programme Schedule:

10:30 A M: Komaghatta village visit

11:15 A M: Govt. School, Kommaghatta



Anuradha M

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences





Summary:

As a part of NSS activity, NSS unit of PIMS had organized awareness program on Air pollution and water pollution on 24-07-2022. Dr. Thammaiah, Program Coordinator, NSS, and Dr. Nethra, assistant Professor, and PIMS took the 1st year undergraduate students to the local village and government school to create awareness among the localites and school children to keep their surroundings healthy. The team reached the place at around 10:15 am. Volunteers visited Kommaghatta lake and educated the people nearby about water pollution and the safety measures could that be taken to prevent water pollution. Students distributed the information leaflet containing information regarding measures to be followed in controlling water pollution.

In the second half, the volunteers visited a government school and educated the students about the causes and the effects of air pollution and water pollution. The children took part actively in the interactive session and were curious to know about the safety measures could be followed to prevent water and air pollution. The event was fruitful as our volunteers successfully completed the NSS camp survey and educated the villagers and school children. The volunteers confidently returned back to the campus that the benefitted would take care of their surroundings.



Anuradha

Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

Topic - Safety in Health and Hygiene

Date – 02.-8.2022



Anuradha
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Summary:

This programme was created awareness among participants and gains the knowledge regarding food safety and hygiene which helps to maintain health of family as well as working environment shall hygienic.



Anuradha M

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

**PROGRAM WISE LIST OF COURSES/UNITS ON ETHICS, HUMAN
VALUES, GENDER, ENVIRONMENT AND SUSTAINABILITY
INTEGRATED INTO THE CURRICULUM OF BANGALORE UNIVERISTY**

S. No.	Course/unit title	Program
1	Environmental studies	BBA I semester
2	Environmental studies	B. Com I semester
3	International business environment	M.Com I semester
4	Personality development	BBA IV semester
5	Personality development	B. Com IV semester
6	Culture and diversity	B. Com V semester
7	Culture and diversity	BBA V semester
8	Constitution of Indian and human rights	BBA IV semester
9	Constitution of Indian and human rights	B. Com IV semester
10	Creativity and innovation	B. Com VI semester
11	Creativity and innovation	BBA VI semester
12	Science and society	B. Com III semester
13	Global talent management	M. Com I semester
14	Corporate communication skills	M. Com I semester
15	Financial accounting	BBA II semester
16	Soft skills for business	BBA III semester
17	Business ethics	BBA III semester
18	Entrepreneur development	BBA III semester
19	Organizational behaviour	BBA II semester
20	Corporate accounting	BBA III semester
21	Investment management	BBA V semester
22	Management accounting	BBA V semester
23	Fundamentals of accounting	BBA I semester
24	Consumer behaviour	BBA V semester
25	Human resource management	BBA III semester
26	Advanced research methodology	M.Com II semester
27	Digital marketing	M.Com II semester

28	Indian ethos and leadership	M. Com II semester
29	Logistics and supply chain management	M. Com III semester
30	Forensic accounting and auditing	M. Com IV semester
31	Corporate reporting practices	M.Com IV semester
32	Accounting for managers	MBA I semester
33	Communication skills	MBA I semester
34	Managerial research methods	MBA II semester
35	Entrepreneurship and ethics	MBA II semester
36	Strategic management and corporate Governance	MBA III semester
37	International business dynamics	MBA IV semester
38	International HRM	MBA IV semester
39	Environmental studies	B.Sc. I semester (NEP)
40	Indian constitution and human rights	B.Sc. I semester (CBCS)
41	Culture, diversity and society	B.Sc. VI semester (CBCS)
42	Life skills	B.Sc. III semester (CBCS)



Anuradha M

Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

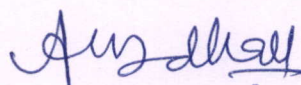
**DESCRIPTION OF COURSES/UNITS ON ETHICS, HUMAN VALUES,
GENDER, ENVIRONMENT AND SUSTAINABILITY INTEGRATED INTO
THE CURRICULUM OF BANGALORE UNIVERISTY**

S. No.	Course name	Description
1	Environmental studies	Orient about the society, social life, integrity in personal and public life. Learn the concepts of human values and respect for others provide in-depth understanding about moral awareness inculcate a sense of socially responsible citizens
2	International business environment	Importance of corporate social responsibilities—philanthropic responsibility, ethical responsibility, legal responsibility, economic responsibility of multinational enterprises
3	Personality development	Understand the concept, process and importance of personality, techniques of personality development, self-development and environmental factors affecting personality development: Acquaint with the application of communication skills in the world of business, importance of right dressing for the right occasion and idea about and have a mock drill on interviews and other selection techniques
4	Culture and diversity	Understand the concept of culture and heredity and prejudices and discrimination by promoting multi-cultural sensitivity
5	Constitution of Indian and human rights	Understand constitution of Indian and human rights and able to understand nature of Indian politics in association with fundamental rights and duties
6	Creativity and innovation	Understand the creativity and innovation which in turn reinforce the vague notions of innovation and creativity as buzzwords but will instead tries gives the practical tool kit in connection with society
7	Science and society	Understand the science and society that are essential for science in particular how to think critically about data and begin to develop research methods, forms of evidence, argument, as well as introduction to both qualitative and quantitative data collection techniques
8	Global talent management	Understand the core concepts of Talent management and application of Talent management in various multi-disciplinary areas. Important aspects of managing Human Capital.
9	Corporate communication skills	Acquire cross-cultural communication, cultural sensitivity, cross-cultural issues which affect

		communication across different cultures, culture and non-verbal communication, effective intercultural communication, business and social etiquette.
10	Financial accounting	Acquire knowledge of accounting principles and practices be followed in the organization. Equip the students with the basic of accounting followed by various firms
11	Soft skills for business	The students should have understood methods of communication types of communication and barriers of communication
12	Business ethics	Strengthen the ability anticipate, critically analyse, appropriately respond ethical issues in enterprise. Enable students critically examine ethical dilemmas and understand the importance of governance mechanisms in a globalized economy
13	Entrepreneur development	Presents the concepts, characteristics and role of entrepreneur and the basics of project finance and issues related setting small business
14	Organizational behaviour	Enable the students learn the principles and concepts of business and its management.
15	Corporate accounting	Enable the students to have working knowledge in corporate and special accounts. Human resources accounting and machine-based accounting
16	Investment management	Impact skills on the fundamentals of investment and security analysis
17	Management accounting	Develop knowledge on the management accounting techniques in business decision making
18	Fundamentals of accounting	Learn basic and fundamental concepts of accountancy
19	Consumer behaviour	Enable the students to know about consumer behaviour.
20	Human resource management	Know about the human resource activities & functions in an organization. The course aims equip students develop themselves in a critically reflective and capable HRD practitioner, or a manager who can facilitate the learning of others
21	Advanced research methodology	Introduction to ethics in research, plagiarism, limitations and ethical issues in research, software for detection of plagiarism, plagiarism level in national and international publications, problems encountered by researchers in India.
22	Digital Marketing	Introduction to Online Governance, Ethical and Legal Issues in Digital Marketing
23	Indian ethos and leadership	Understand the relevance of role of Indian: relevance of values in management: need for values in global change- Indian perspective; values for managers; holistic approach for managers in decision making; secular versus

		spiritual values in management, trans-cultural Human Values in management and management education, importance of value system in work culture ethos in managerial practices, management lessons from kautilya's arthashastra, relevance of value based management
25	Logistics and supply chain management	Supply chain sustainability-triple bottom line – profit, planet, people-CSR-ethics in supply chain management
26	Forensic accounting and auditing	Requirements of professional forensic accountant, importance of forensic accounting. Responsibilities of accounting investigators and auditors.
27	Corporate reporting practices	Understanding of triple bottom line reporting (TBL) – concept, benefits, implementation, forms, users, challenges. sustainability reporting - concept, forms, benefits, global reporting initiative (GRI). corporate social responsibility-meaning, importance, requirements and users of CSR
28	Accounting for managers	Introduction to frauds and ethical issues in accounting. Understanding fraudulent financial reporting and misstatement of the financial statements by company management. Ethics in accounting is concerned with how to make good and moral choices with regard to the preparation, presentation and disclosure of financial information.
29	Communication skills	Ethics required in interpersonal communication and negotiating skills. participative negotiations, negotiations tactics, cognition and emotions in negotiating
30	Managerial research methods	Introduction to management research. Features of good research study, research process. Concerns about ethics that might arise in the course of conducting research. This relates to the integrity of a piece of research and of the disciplines that are involved.
31	Entrepreneurship and ethics	To inculcate perspective entrepreneurship among students. Understanding the need for business ethics, arguments for and against business ethics, ethics and laws, establishing strategy for ethical responsibility, approaches to managerial ethics, ethics and business decisions, frame work for ethical decision making and ethical leadership by entrepreneurs.
32	Strategic management and corporate governance	Defining corporate governance, The organisation's responsibility and accountability to its shareholders and board of directors. Role and responsibilities of the board, integrity and ethical behaviour.

33	International business dynamics	Learning about global ethics, social responsibility and ethical issues in international business, national differences in ethics and social responsibility, code of conduct for MNC's
34	International HRM	Ethics and challenges in IHRM. Tendency for ethical issues to arise in a global market and multinational organisations and its impact. Socio cultural factors and ethical issues in BPO Industry
35	Life skills	Develop interpersonal skills and adopt good leadership behaviour for empowerment of self and others. Gain self-competency and confidence. Develop intellectual ability. Develop skills to participate in institution discussions. Increase knowledge and awareness of emotional competency at work/study place. Set appropriate goals, manage stress and time effectively

Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

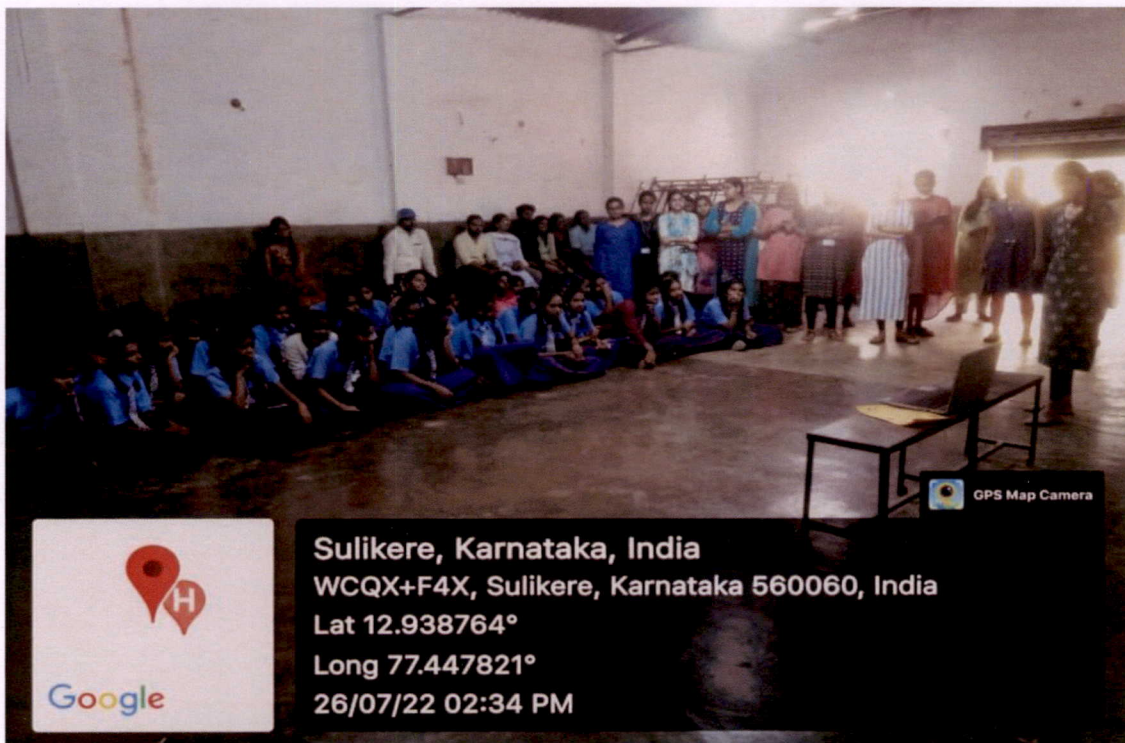
WOMEN HEALTH MANAGEMENT AND EMPOWERMENT

TOPIC- ANAEMIA AWARENESS PROGRAMME

SRI VEERESHWARA SWAMY HIGH SCHOOL SULIKERE, BANGLORE SOUTH,
KENGERI

BANGLORE -560060

26th JULY 2022 - BSc CND 6th semester



Anuradha M

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Program summary: Anaemia awareness program

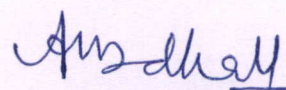
As a part of the extension project, the students of PIMS studying in BSc CND 6th semester were sent to a high school in Sulikere, Bangalore. Here our main aim was to spread knowledge and awareness about increasing anaemia and its harmful effects in INDIA. We reached the high school in the afternoon where students from class 8th, 9th and 10th were made to sit in the huge hall. To make the camp easier to understand, the students prepared various types of colourful charts and presentations.

Initially it began with the question and answer session where the girls were asked some questions related to anaemia, menstrual cycle, and blood loss due to which we got to know their knowledge about the topic we were about to discuss. Later one of the student started the seminar with the presentation to make them understand better where she explained about anaemia – its signs, symptoms, consequences, home remedies and treatment.

After the completion of 1st session, the next session was about menstrual hygiene which is the part of every girl's life but they didn't have much knowledge and awareness about this topic, so the students came up with different types of mechanism and animation videos which helped them in understanding the different unhealthy stereotypical actions which they face in their daily life during the menstrual cycle. Later on the girls even taught about food and its combinations to combat the blood loss during and after the menstrual cycle.

At last a discussion round was held where the girls were allowed to ask questions and clarify their doubts regarding the session which were properly explained to make the awareness program a success.

This program not only helped in spreading the awareness among the people but also helped the students in understanding the need of a basic knowledge regarding our health and our body.



Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Topic - NUTRITION COUNSELLING COMMUNITY PROGRAM

Date – 29.07.2022



Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Summary: Nutrition Counselling Community Program

The Nutritional Counselling Community Program was held on 29-07-2022 at Padmashree Institute of Management and Sciences. Here the students of M.Sc. CND (Clinical Nutrition and Dietetics) and F&N (Food and Nutrition) along with the in-charged faculty members namely Ms. Sheetal and Ms. Sai Priya had put together an helping hand to serve our community which included staff members of our campus and the faculty by having nutritional counselling sessions with the faculty depending on their physical and other underlying health issues.

The guidelines were planned along with the recommendations and limitations of most commonly occurring diseases or health issues or other co-morbidities such as:

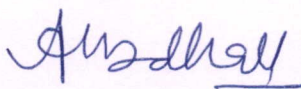
- A. Hypertension
- B. Diabetes
- C. Overweight & Obesity
- D. Weight loss
- E. Thyroid
- F. Dyslipidemia
- G. Cardiovascular diseases (CVD)
- H. Gastrointestinal (GI) tract disorder

The health issues were analyzed based on the Screening tool and Nutritional Assessment tool based on their age, gender, height, weight, circumference, Diet history, fat accumulation measurement by using skin-fold thickness tool, the stress level among each faculty members, past and present medical history etc., based on the height and weight measurement the BMI was estimated and accordingly was followed with nutritional counselling where the students were responsible for giving counselling to the faculties.

This community program was very helpful to the faculties to know and understand their body mass index, fat accumulation through skin-fold thickness tool and other underlying health issues and also to keep a track on their health.

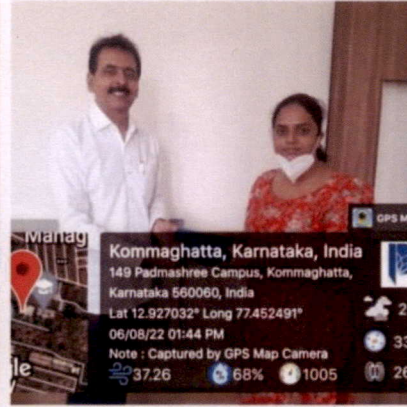
It was really a good opportunity for students to collaborate and serve our community by aiding them in maintaining good health and some tips in tackling the health-related issues which they suffer from known or unknown. We had many faculties who enrolled themselves in this program. The basic etiquette was maintained during and after the Nutritional Counselling program.




Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Topic - Health Camp

Date – 06.08.2022



Anuradha M

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

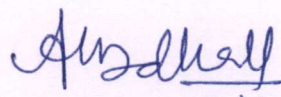
Summary: Health Camp

The Health camp was held on 06-08-2022 at Basement, Padmashree Institute of Management and Sciences. Here the students of Padmashree college of Nursing, M.Sc. CND (Clinical Nutrition and Dietetics) and F&N (Food and Nutrition) along with faculty members of Public Health Department had put together a helping hand to serve our community.

There were different counters which helped people to check their blood sugar level, Haemoglobin level, blood pressure, Height, Weight and BMI. Followed by people were directed to physicians and gynecologist based on their assessment and clinical data. Nutritional counselling and guidelines was also given along with the recommendations and limitations of most commonly occurring diseases or health issues or other co-morbidities such Hypertension, Diabetes, Overweight & Obesity, Weight loss, Thyroid, Dyslipidemia, Cardio vascular diseases (CVD), Gastrointestinal (GI) tract disorder

The health issues were analysed based on the Screening tool and Nutritional Assessment tool based on their age, gender, height, weight, circumference, Diet history, fat accumulation measurement by using skin-fold thickness tool, the stress level among each faculty members, past and present medical history etc., based on the height and weight measurement the BMI was estimated and accordingly was followed with nutritional counselling where the students were responsible for giving counselling to the faculties.

This community program was very helpful to the people to know and understand their body composition, vitals, and underlying health issues and also to keep a track on their health. It was really a good opportunity for students, to collaborate and serve our community by aiding them in maintaining good health and some tips in tackling the health-related issues which they suffer from known or unknown. We had number of people who enrolled themselves in this program. The basic etiquette was maintained during and after the Nutritional Counselling program.



Dr. Anuradha. M
Principal
**Padmashree Institute of
Management & Sciences**

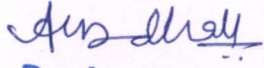
National/International/ commemorative day celebrations 2021-22

S.NO.	Title	Date	National/International/ Commemorative Day
1.	World Suicide Prevention Day	10 th September 2021	International
2.	World Food Day	16 th October 2021	International
3.	Kannada Rajyotsava	1 st November 2021	Festival
4.	National Youth Day	12 th January 2022	National
5.	Republic Day	26 th January 2022	Commemorative
6.	National Science Day	28 th February 2022	National
7.	International Women's Day	8 th March 2022	International
8.	World Hypertension Day	17 th May 2022	International
9.	World Environment Day	5 th June 2022	International
10.	International Yoga Day	21 st June 2022	International
11.	World Food Safety Day	7 th June 2022	International
12.	World Breast feeding week	1 st -7 th August 2022	International
13.	Independence Day	15 th August 2022	Commemorative
14.	Ganesha Festival	31 st August 2022	Festival
15.	National Sports Day	29 th August 2022	National
16.	Teachers Day	5 th September 2022	Commemorative
17.	National nutrition week	1 st - 7 th September 2022	National
18.	Navaratri Festival	26 th September - 05 th October 2022	Festival

National/International/ commemorative day celebrations 2020-21

S.NO.	Title	Date	National/International/ Commemorative Day
1.	World Breast feeding week	1 st -7 th August 2020	International
2.	Independence Day	15 th August 2020	Commemorative
3.	Ganesha Festival	22 nd August 2020	Festival
4.	Teachers Day	5 th September 2020	Commemorative
5.	National nutrition week	1 st - 7 th September 2020	National
6.	World Food Day	16 th October 2020	International
7.	Maa Saraswathi Vandana on occasion of Navarathri	23 rd October 2020	Festival
8.	Kannada Rajyotsava	1 st November 2020	Festival
9.	International Men's Day	1 th November 2020	International
10.	National Youth Day	12 th January 2021	National
11.	Republic Day	26 th January 2021	Commemorative
12.	National Science Day	28 th February 2021	National
13.	International Women's Day	8 th March 2021	International
14.	World Environment Day	5 th June 2021	International
15.	International Yoga Day	21 st June 2021	International
16.	World Food Safety Day	7 th June 2021	International




Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

National/International/ commemorative day celebrations 2019-20

S.NO.	Title	Date	National/International/ Commemorative Day
1.	World Breast feeding week	1 st -7 th August 2019	International
2.	Independence Day	15 th August 2019	Commemorative
3.	Ganesha Festival	2 nd September 2019	Festival
4.	Teachers Day	5 th September 2019	Commemorative
5.	National nutrition week	1 st – 7 th September 2019	National
6.	World Food Day	16 th October 2019	International
7.	Kannada Rajyotsava	1 st November 2019	Festival
8.	World Suicide Prevention Day	9 th Sept 2019	international
9.	National Youth Day	12 th January 2020	National
10.	Republic Day	26 th January 2020	Commemorative
11.	National Science Day	28 th February 2020	National
12.	International Women's Day	8 th March 2020	International
13.	World Environment Day	5 th June 2020	International
14.	International Yoga Day	21 st June 2020	International
15.	World Food Safety Day	7 th June 2020	International

National/International/ commemorative day celebrations 2018-19

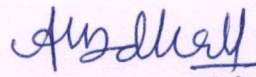
S.NO.	Title	Date	National/International/ Commemorative Day
1.	World Breast feeding week	1 st -7 th August 2018	International
2.	Independence Day	15 th August 2018	Commemorative
3.	Onam Celebration	18 th August 2018	Festival
4.	Ganesha Festival	13 th September 2018	Festival
5.	Teachers Day	5 th September 2018	Commemorative
6.	National nutrition week	1 st – 7 th September 2018	National
7.	Gandhi Jayanti	2 nd October 2018	Commemorative
8.	World Food Day	16 th October 2018	International
9.	Kannada Rajyotsava	1 st November 2018	Festival
10.	Republic Day	26 th January 2019	Commemorative
11.	National Science Day	28 th February 2019	National
12.	International Women's Day	8 th March 2019	International
13.	Holi celebration	21 st march 2019	festival
14.	Colors week & ethnic day	24 th -27 th April 2019	Event
15.	World Environment Day	5 th June 2019	International
16.	International Yoga Day	21 st June 2019	International
17.	World Food Safety Day	7 th June 2019	International



Anuradha M
Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

National/International/ commemorative day celebrations 2017-18

S. NO.	Title	Date	National/International/ Commemorative Day
1.	World Breast feeding week	1 st -7 th August 2017	International
2.	Independence Day	15 th August 2017	Commemorative
3.	Ganesha Festival	25 th August 2017	Festival
4.	National Sports day	29 th August 2017	National
5.	Teachers Day	5 th September 2017	Commemorative
6.	National nutrition week	1 st – 7 th September 2017	National
7.	World Food Day	16 th October 2017	International
8.	Republic Day	26 th January 2018	Commemorative
9.	National Science Day	28 th February 2018	National
10.	International Women's Day	8 th March 2018	International
11.	World Environment Day	5 th June 2018	International
12.	International Yoga Day	21 st June 2018	International
13.	World Food Safety Day	7 th June 2018	International



Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences



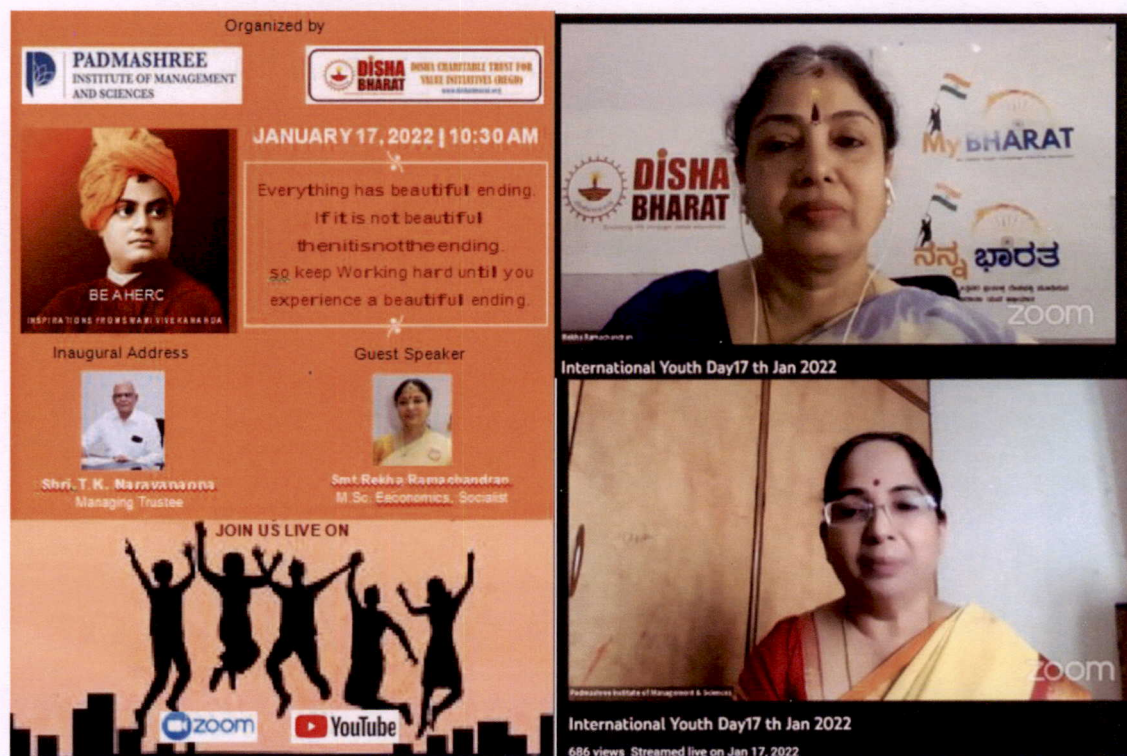
**Organized by Padmashree Institute of Management and Sciences in association
with Disha Bharath**

YouTube link: <http://www.youtube.com/watch?v=7nFrYImP2YQ>

PROGRAMME SCHEDULE:

Date	Time	TOPIC	SPEAKER
17/1/2022	10:30 AM- 11:30 AM	National youth Day	Smt Rekha Ramachandran Socialist
	11.30 AM -11.45 AM	Discussion	Disha Bharath

Participants: 234 (Students and staffs)



The image shows a promotional poster for the event and two screenshots from a Zoom meeting. The poster, organized by Padmashree Institute of Management and Sciences and Disha Bharath, is for International Youth Day on January 17, 2022, at 10:30 AM. It features a quote: "Everything has beautiful ending. If it is not beautiful then it is not the ending. So keep working hard until you experience a beautiful ending." The Inaugural Address is by Shri. T. K. Narayanaswami, Managing Trustee, and the Guest Speaker is Smt. Rekha Ramachandran, M.Sc. Economics, Socialist. The poster also includes the slogan "BE A HERO" and "JOIN US LIVE ON" with Zoom and YouTube logos. The Zoom screenshots show Smt. Rekha Ramachandran speaking, with the meeting titled "International Youth Day 17 th Jan 2022" and showing 686 views.

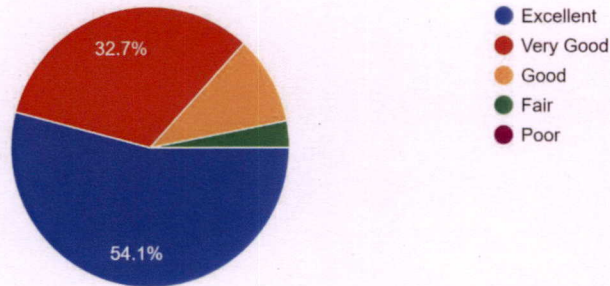


Anuradha M

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Feedback responses

Overall how would you rate the program?



Program Summary

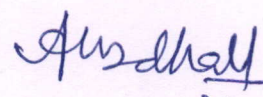
India has seen many great personalities; one of the personalities is Swami Vivekananda. He was renowned social reformer during 19th and 20th Century. His life, teachings, philosophy, preaching's are golden to the students and youngsters which pave a way for better future. On his remembrance Padmashree Institute of management and sciences organized webinar on the occasion of National youth day.

The eminent speaker Smt Rekha Ramchandran from Disha Bharath gave insights about Swami Vivekananda Teachings and Principles, which literally inspired all youth and the patriotism of participants was awakened by the talk, her talk motivated all the participants.

IQAC chairperson and Principal, Dr. Anuradha gave a concluding remark on the session. Ma'am mentioned that principles of Swami Vivekananda are apt for even today and she reads lot of books on his philosophy and said they are very inspiring and enlightening.

All students, teachers, Administrators, Non-teaching staff and other participants participated in the webinar and was enlightened by the philosophy of Swami Vivekananda.



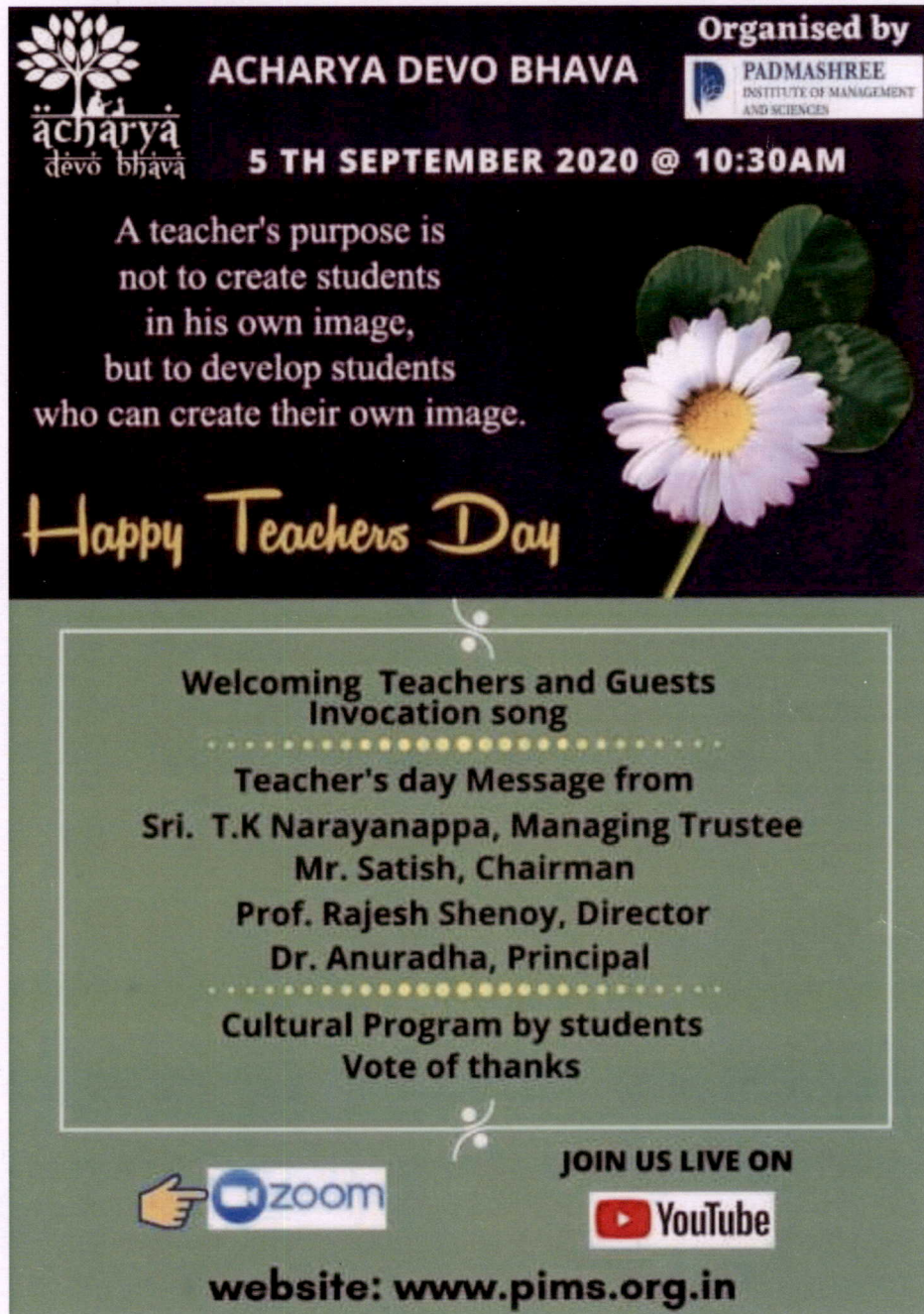

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences


Teachers Day Celebration 2021 – ACHARYA DEVO BHAVA

Youtube link:

https://www.youtube.com/watch?v=iNskxawZREM&ab_channel=PadmashreeInstituteofManagement%26Sciences

Zoom Link: <https://zoom.us/j/96126075576?pwd=cEEwMGpGRndJM1hiVEhIYnRVcTlqQT09>



Organised by
 **PADMASHREE**
INSTITUTE OF MANAGEMENT
AND SCIENCES

ACHARYA DEVO BHAVA

5 TH SEPTEMBER 2020 @ 10:30AM



A teacher's purpose is
not to create students
in his own image,
but to develop students
who can create their own image.

Happy Teachers Day

Welcoming Teachers and Guests
Invocation song

Teacher's day Message from
Sri. T.K Narayanappa, Managing Trustee
Mr. Satish, Chairman
Prof. Rajesh Shenoy, Director
Dr. Anuradha, Principal

Cultural Program by students
Vote of thanks

 **JOIN US LIVE ON**


website: www.pims.org.in

Program Summary

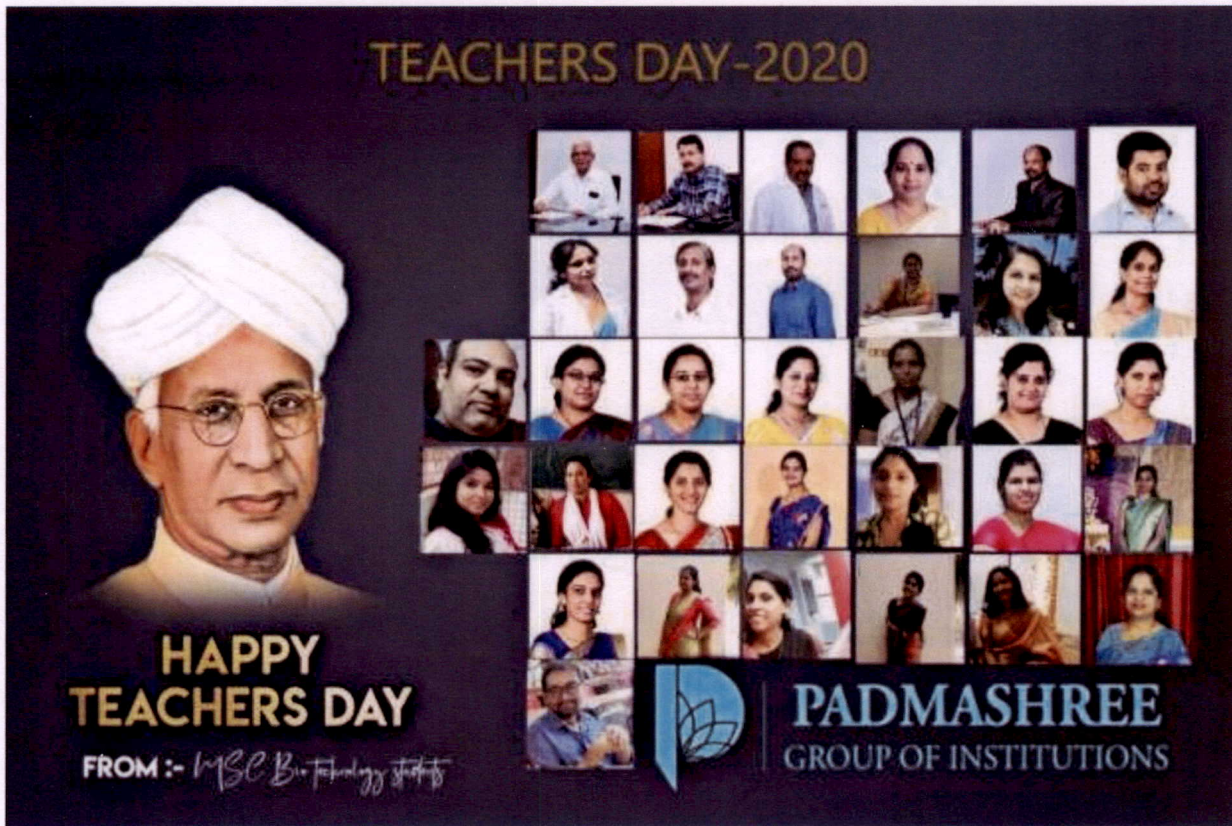
Teachers Day Celebration was done in virtual mode by Padmashree Institute of Management and Sciences. Students of UG and PG have organized the whole program. Ms Shalini Takur, student of B.Sc welcomed all the participants. The Program was presided by Sri T.K.Narayanappa, Managing trustee PGI, Mr. Sathish, Chairman PGI, Prof. Rajesh Shenoy, Director, Dr Anuradha, Principal, PIMS.

Sri T.K. Narayanappa wished all the teachers and spoke on the Teachers day celebration as a commemoration of Dr Radhakrishnan's birth anniversary. Prof. Rajesh Shenoy spoke some words about teachers efforts in learning new skills and adapting to the online mode of teaching to help students to have uninterrupted learning during Covid time. He also requested students to be regular in attending the classes during lockdown. Dr Anuradha wished all the teachers and congratulated all our teachers for their dedication in conducting online classes. She emphasized on the role of teachers in moulding student's life. She told about ancient Gurukula system and how during those days students were learning what skills are needed to face the real world.



After the talk, students gave cultural program Ms Ritika gave a dance performance, Mr Sangave, Ms Aparna Kashyap wished all the teachers. Ms Saloni Mewara spoke some words on the history of teacher's day celebration. Dr Indu, faculty also spoke about the qualities of a teacher in different dimensions. Mrs

Sahanshree, Faculty in Dept of Microbiology also spoke the role of teachers to incorporate following good moral values in their life. Finally the Program was concluded by the students by thanking all the participants. A Teachers Day Stamp was made by released by students of M Sc Biotechnology students as a token of love towards their teachers



Anuradha M
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Saraswathi Pooja Celebration MAA SARASWATI VANDANA

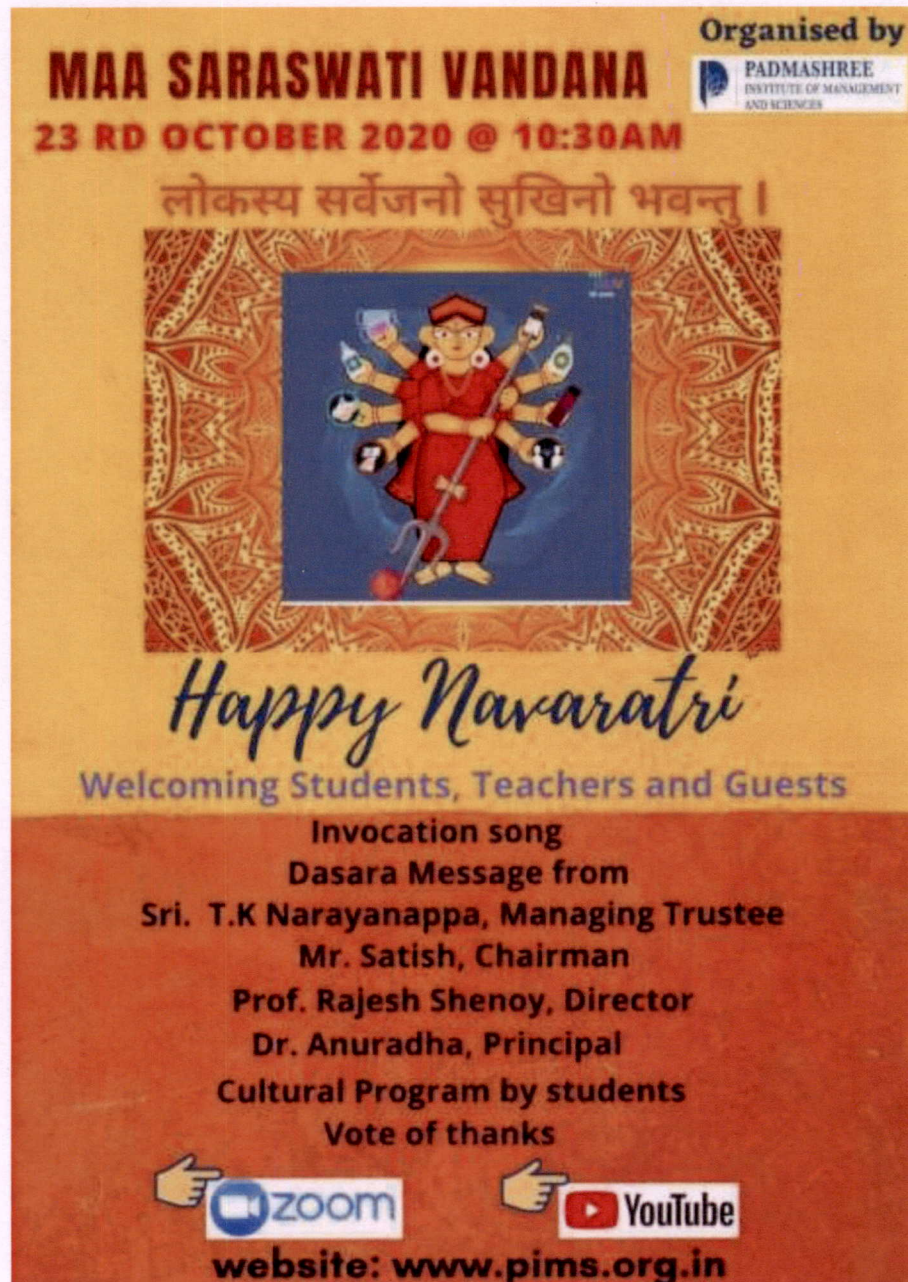
Navarathri 2020


Youtube link:

<https://www.youtube.com/channel/UC15hiSdwxHiBWKHit9o5MKQ>

Zoom link : [h](https://us02web.zoom.us/j/83400711907?pwd=MUYwTUNKaG5ZZGRSaWp5NXZNZXRiZz09)

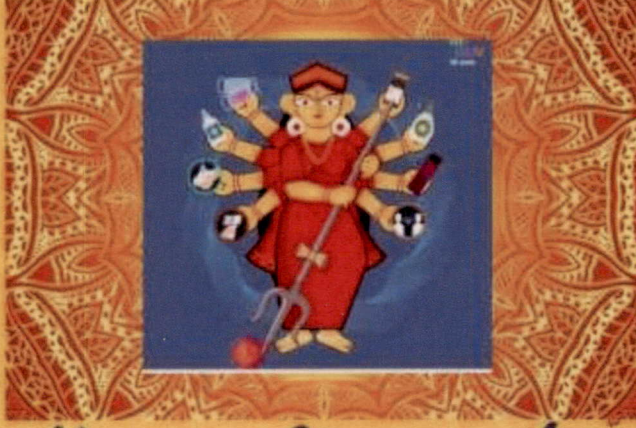
<https://us02web.zoom.us/j/83400711907?pwd=MUYwTUNKaG5ZZGRSaWp5NXZNZXRiZz09>



Organised by
 **PADMASHREE**
INSTITUTE OF MANAGEMENT
AND SCIENCES

MAA SARASWATI VANDANA
23 RD OCTOBER 2020 @ 10:30AM





लोकस्य सर्वेजनो सुखिनो भवन्तु ।



Happy Navaratri

Welcoming Students, Teachers and Guests

Invocation song
Dasara Message from
Sri. T.K Narayanappa, Managing Trustee
Mr. Satish, Chairman
Prof. Rajesh Shenoy, Director
Dr. Anuradha, Principal
Cultural Program by students
Vote of thanks

website: www.pims.org.in

Program Summary

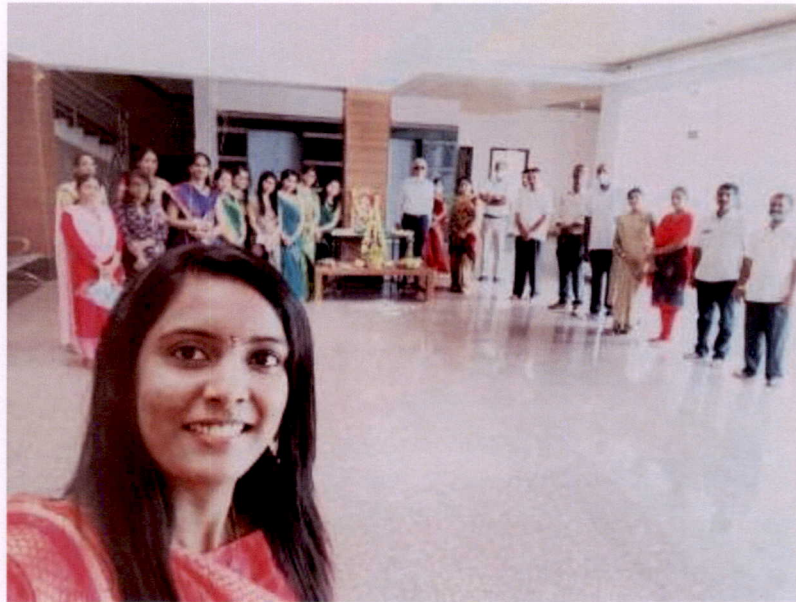
Saraswathi Pooja Celebration during Navarathri 2020 was done offline for staff and same program was projected live in virtual mode for students by Padmashree Institute of Management and Sciences. Students of UG and PG attended the whole program. The Pooja was presided by Sri T.K.Narayanappa, Managing trustee PGI, Mr. Sathish, Chairman PGI, Prof.RajeshShenoy, Director, Dr Anuradha,Principal, PIMS.

Sri T.K. Narayanappa wished all the teachers for Dasara celebration. Dr Anuradha wished all the teachers on the occasion of Saraswathi Pooja and congratulated all our teachers for their dedication in conducting online classes.



Anuradha
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

There was group song sung by students Trisha, Sadhana, Pallavi, Neha Gowda and Mugdha Hegde. faculties Dr. Nethra and Dr. Indu also sang a song on Maa Saraswathi.



Dr Anuradha distributed sweets on the occasion of Navarathri to all the staff members



Anuradha
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Onam Celebration 2018

18th August, 2018



Anuradha
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Program Summary

Unity in diversity-To promote all cultures and values, Onam celebration was done in the Institute. Students decorated the corridor with flower rangoli and enjoyed. Students played games meant for Onam, they exhibited cultural dance, sang songs on onam and enjoyed the celebration. This celebration paved a way to understand the Kerala culture. Thus the ethics was inculcated in students to respect all cultures. Principal, Dr. Anuradha, Managing trustee, Shri Narayanappa and all faculty members were part of the celebration.



Anuradha M
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

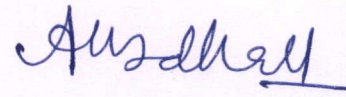
Kannada Rajyotsava Celebration

1st November, 2019

Program Summary

Kannada Rajyotsava was celebrated with great enthusiasm in our college on November 1, 2019. The programme began by invoking God's blessing through a meaningful prayer and lighting lamp. Dr. Anuradha gave a meaningful message on how to cultivate love for Kannada language and culture.

All the students and staff members participated actively throughout the programme. Students showcased their talent and exhibited their love and respect towards Karnataka state. They enthusiastically participated in all onstage cultural programs like singing, dancing and further it was continued by other offstage performances like games, rangoli competition etc.



Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

PHOTO GALLERY OF KANNADA RAJYOTSAVA CELEBRATION PROGRAM



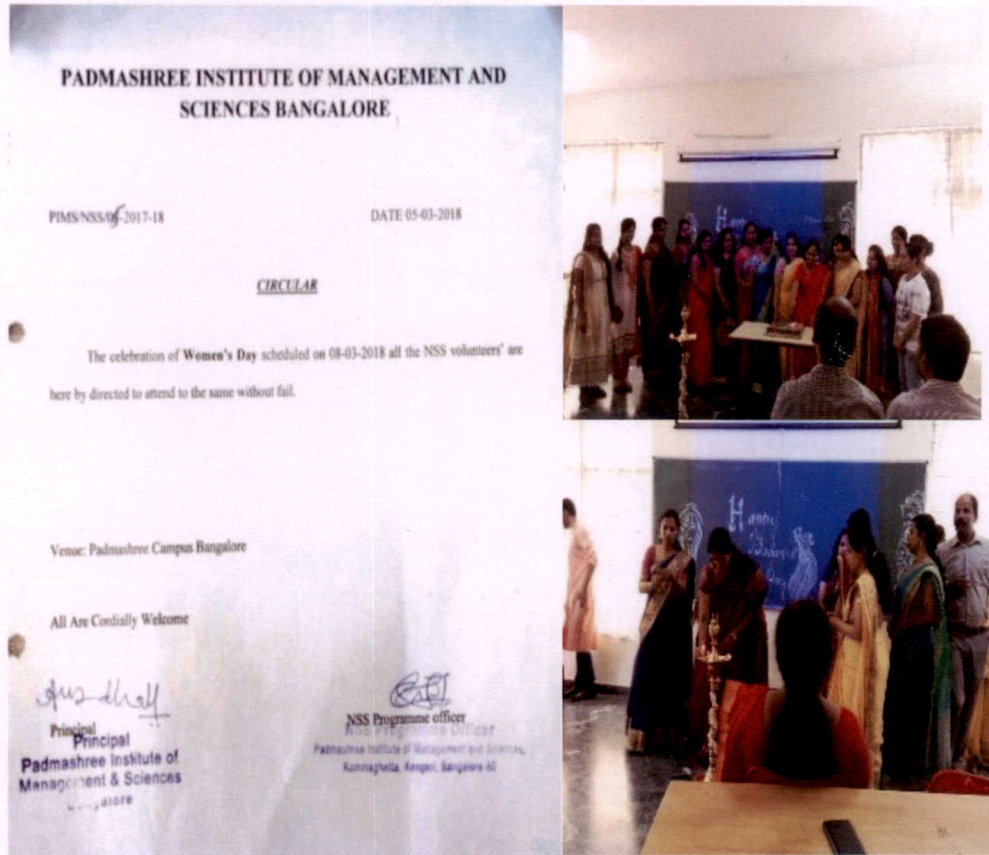
Anuradha

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



International Women's Day

5th March, 2018



Women's Day is celebrated every year in the college, to felicitate the female staffs and various programmes are organised, where both the students and faculties actively participate. The students express their love and gratitude by giving inspiring speeches about the great personalities and share their valuable thoughts. The students and faculties are acknowledged and honoured for their contributions.

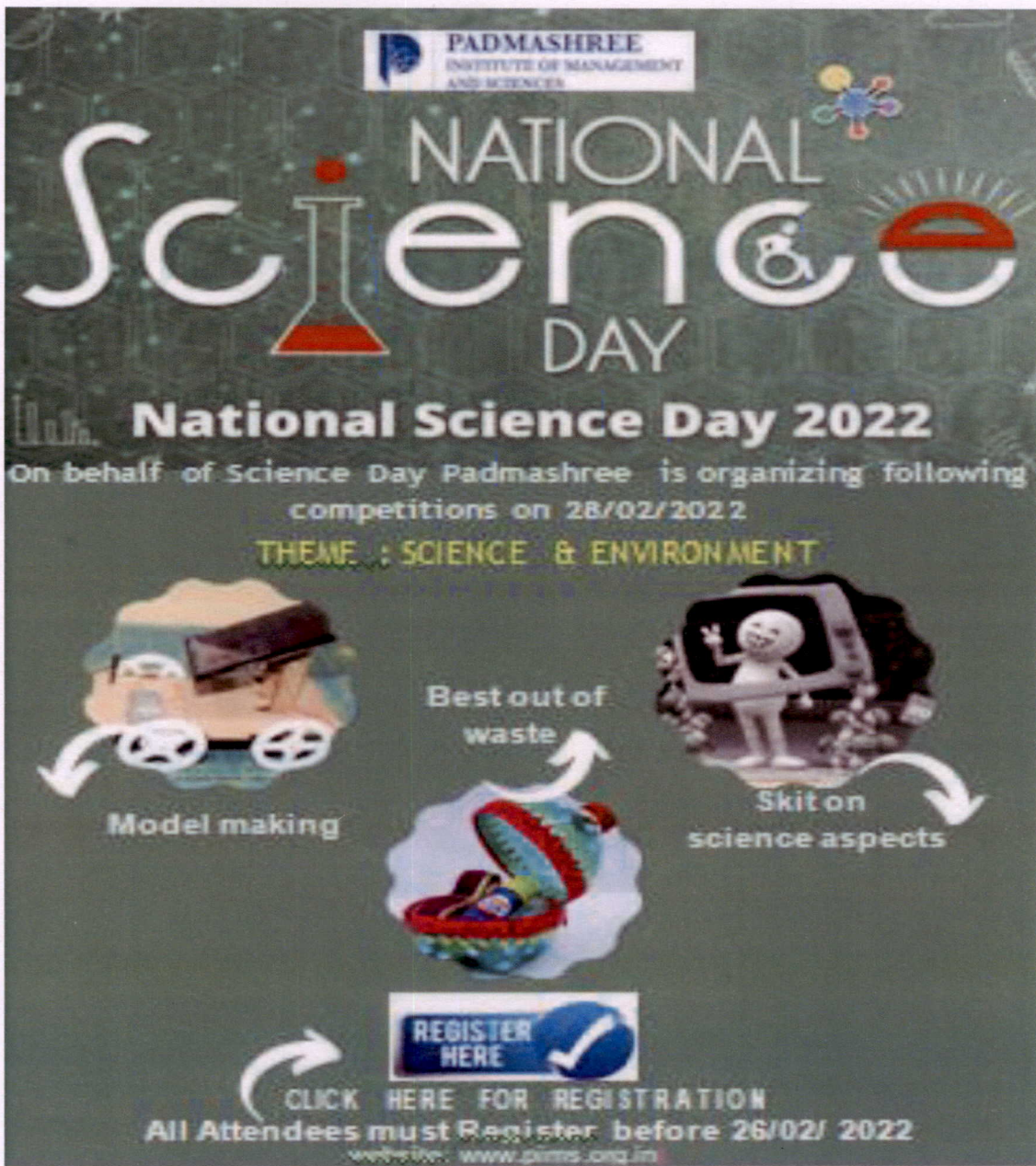


Anuradha M
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

National Science Day

28th February 2022

Venue: Basement, Science Block, Padmashree Campus



PADMASHREE
INSTITUTE OF MANAGEMENT
AND SCIENCES

Science DAY

National Science Day 2022

On behalf of Science Day Padmashree is organizing following competitions on 28/02/2022

THEME : SCIENCE & ENVIRONMENT

Model making

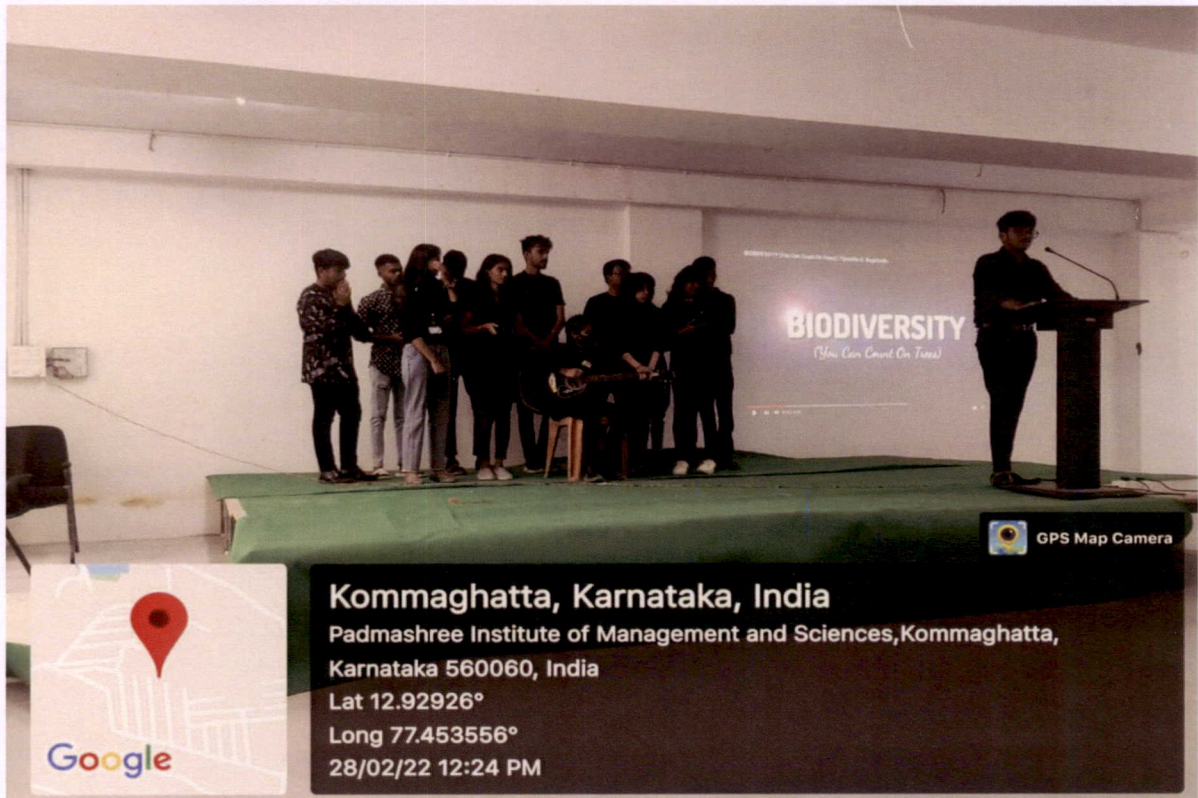
Best out of waste

Skit on science aspects

REGISTER HERE

CLICK HERE FOR REGISTRATION
All Attendees must Register before 26/02/ 2022
website: www.pimts.org.in

Photo Gallery: National Science Day



Anuradha
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Program Schedule: National Science Day 2022

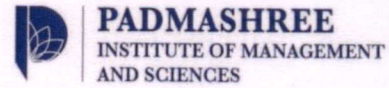
Date	Time	Speaker	Topic
28-02-2022	11.30 am	Inauguration	
28-02-2022	11.40 am	Dr. Anuradha M, Principal	Water Conservation
28-02-2022	12.10 pm	Shri Narayanappa, Managing Trustee	Addressed the gathering
28-02-2022	12.20pm	Performances by Students	Theme: Biodiversity & Environment

Program Summary:

The session started by invocation and inauguration, Principal Mam, Dr. Anuradha M, spoke about the theme of the day and gave insights about water conservation. The statistics of water availability and scarcity faced in coming future and importance of conserving water were highlights about the talk. Shri Narayanappa Sir addressed the gathering and told the importance of environment. Students performed many activities related to the theme biodiversity and environment.



Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences



FIT INDIA MOVEMENT - 2019 *launch by Hon'ble PM* **Shri. Narendra Modi**

29th August, 2019 at 10.00 am onwards
Venue: Seminar Hall, Ground floor, PIMS

Join our Live telecast of the address
by our Hon'ble Prime Minister
with
Shri T.K. Narayanappa
Managing Trustee
Padmashree Institute of Management
and Sciences

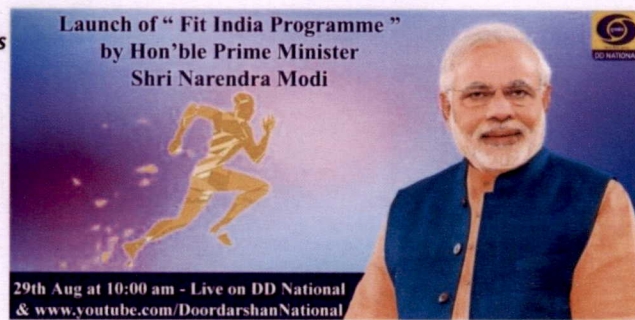
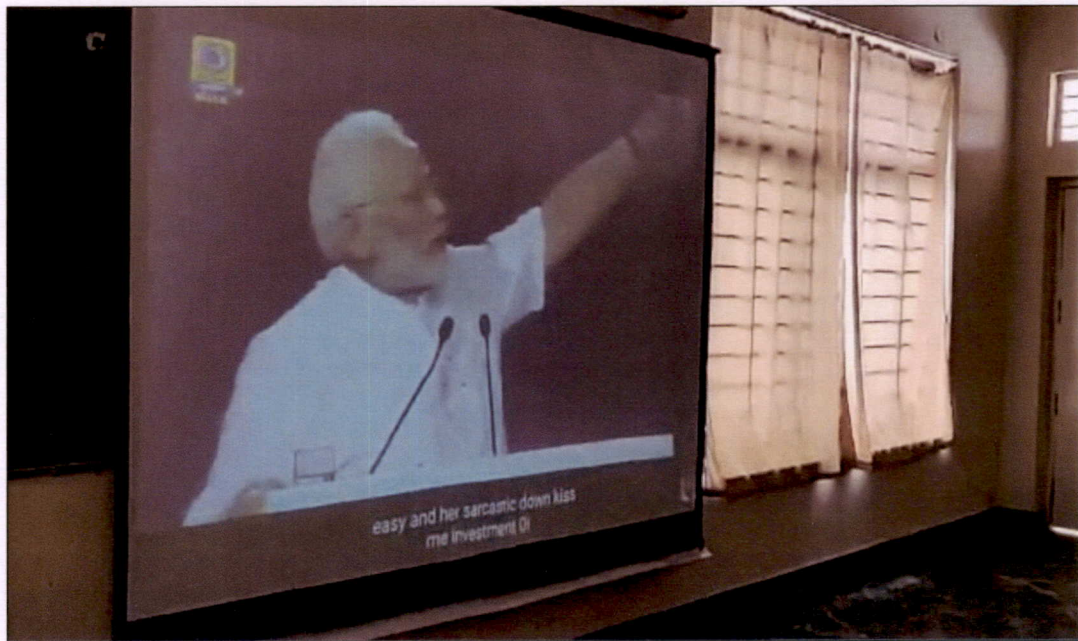


Photo Gallery: FIT INDIA MOVEMENT -2019



Anuradha M

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

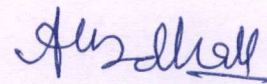
Program Summary: FIT INDIA Movement 2019

FIT INDIA Movement was launched on 29th August, 2019 by Honourable Prime Minister with a view to make fitness an integral part of our daily lives. The mission of the Movement is to bring about behavioural changes and move towards a more physically active lifestyle. Towards achieving this mission, Fit India proposes to undertake various initiatives and conduct events to achieve the following objectives:

- To promote fitness as easy, fun and free.
- To spread awareness on fitness and various physical activities that promote fitness through focused campaigns.
- To encourage indigenous sports.
- To make fitness reach every school, college/university, panchayat/village, etc.
- To create a platform for citizens of India to share information, drive awareness and encourage sharing of personal fitness stories.

Our Institution took the initiative to make the students and staff, fit mentally and physically. Shri Narayanappa sir addressed the students regarding the fitness and gave tips how to be fit. The Physical education is important and it should be the part of the timetable. Students should develop the sports spirit. The physical fitness help students to achieve the concentration on studies.

Dr. Anuradha, Principal addressed the students and told how nutrition is important to be fit. Mam mentioned the list of food which helps to improve concentration, memory as well to maintain physical fitness.



Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

GANESH CHATHURTHI CELEBRATION

2nd September, 2019

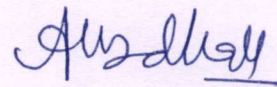
Venue: Padmashree Complex



Anuradha
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Program Summary GANESH CHATHURTHI CELEBRATION

The institution has students across the country and abroad. To have the cultural exchange, an opportunity is created in the form of celebrations. The institution has the culture of celebrating all festivals to mark the value of unity in diversity and to enhance the team spirit amongst students. Ganesh Chaturthi is celebrated. The Pooja is offered to God for three days in the campus. The celebration is symbolic way to unite all and maintain peace and harmony. Students and staff of PGI participated and enjoyed the celebration. Every day the prasadam was distributed for staff and students.



Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

GANDHI JAYANTHI CELEBRATION,
October 2nd, 2018



Anuradha

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Program schedule: Gandhi Jayanthi Celebration

1. Inauguration by lamp lighting 10:00 AM
2. Prayer song 10.10 AM
3. Welcome Speech 10:20 AM
4. Program address by principal 10:20 AM
5. Program address by vice principal 11.00 AM
6. Programme address by Chief Guest Director 11.30 AM
7. Refreshment break- 11.30-11.45 AM
8. Continuation of Program 11.45-12.45 PM
9. Vote of thanks 01:00 PM

Program summary

Program was inaugurated formally by the traditional gesture of enlightening of lamp by the honorable Guests. Saraswati Vandana and Welcome song was performed by the Students. Welcome of the guests was done by giving a plant which is a normal culture followed in the institute in order to promote green concept.

Gandhi Jayanti is an event celebrated in India to mark the birth anniversary of Mahatma Gandhi. It is celebrated annually on 2 October. The UN General Assembly announced on 15 June 2007 that it adopted a resolution which declared that 2 October will be celebrated as the International Day of Non-violence, Gandhi Jayanti is marked by prayer services and tributes all over India, including at Gandhi's memorial Raj Ghat in New Delhi where he was cremated.

Principal Dr. Anuradha M., spoke on the occasion, and said Mahatma Gandhi also called as the Father of India is popular across the world for introducing non-violence to achieve the objectives. This is the reason why the United Nations General Assembly passed a resolution to celebrate the birth anniversary of Mohandas Karamchand Gandhi as the International Day of Non-Violence, October 2.

Dr. Thammaiah first greeted the students on Gandhi Jayanthi and addressed the students about Gandhi's life. Gandhi Jayanthi is celebrated every year on 2nd October, to pay a tribute to him, who devoted his life to India's Independence by using his strong weapon, 'Non-violence.

The entire program was hosted by NSS Coordinator and was concluded with vote of thanks.



Anuradha M
Dr. Anuradha. M
 Principal
 Padmashree Institute of
 Management & Sciences

Reconstituted Anti ragging committee

Composition of Anti ragging committee

S. No.	Name	Role
1	Dr. Anuradha M	Chairperson
2	Dr. Thammaiah R. B	Convener
3	Mrs. Manjubhargavi O. J	Member
4	Mrs. Rajani Balaji	Member
5	Ms. Priya	Student Member
6	Ms. Apoorva	Student Members

Roles and responsibilities of anti-ragging committee

The Anti-Ragging Committee is responsible for ensuring the safety and well-being of students in educational institutions. Its primary role is to prevent and address any form of ragging on campus, which includes physical, mental, or psychological harassment.

Roles and responsibilities of the Anti-Ragging Committee:

Preventing ragging: The Anti-Ragging Committee is responsible for ensuring that all incoming students are aware of the harmful effects of ragging and are informed about the consequences of indulging in such activities.

Creating Awareness: The committee is responsible for creating awareness among students, faculty, and staff about the harmful effects of ragging and how to prevent it.

Addressing Complaints: The committee is responsible for receiving and addressing complaints related to ragging from students, parents, or faculty members. They must investigate and take appropriate action to ensure that such incidents do not happen again.

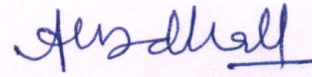
Monitoring Activities: The committee must monitor the activities of students on campus and take appropriate measures to prevent any form of ragging.

Maintaining Records: The committee must maintain records of all the complaints and actions taken against ragging activities. They should also ensure that the information is kept confidential and accessible only to authorized personnel.

Collaborating with Authorities: The committee must collaborate with the police, local authorities, and other concerned agencies to prevent and address cases of ragging.

Conducting Awareness Programs: The committee should organize and conduct awareness programs for students and faculty members to educate them about the harmful effects of ragging and the legal consequences of indulging in such activities.

Overall, the Anti-Ragging Committee plays a critical role in ensuring the safety and well-being of students on campus. By actively preventing and addressing incidents of ragging, the committee helps to create a safe and healthy learning environment for all students.

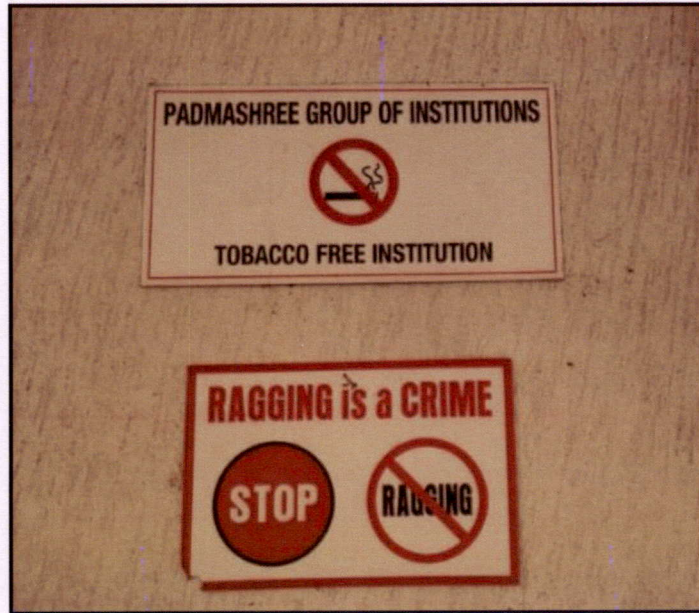


Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

**Display boards in the campus of
Padmashree Institute of Management and Sciences**



Anuradha
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Screenshots of Anti- ragging website where students will be filling in their details to obtain an undertaking form which should duly signed by student and the parent

Anuradha

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



You are going to fill an Affidavit for antiragging

TO BE FILLED BY A STUDENT

Fields marked with * are compulsory.

- * If you do not have an e-mail address, please create one before you fill this form.
- * If your mother or father or guardian does not have a phone or a mobile phone or email then please give the numbers or email of their friends or relations or neighbors.
- * If you do not have a mobile number, then please give the mobile number of your friend of the same college.

After filling this form successfully you can download the Students Anti Ragging Undertaking and the Parents Anti Ragging Undertaking from Website. Please print both the Undertaking, sign them yourself, request your parents to read the details and request them to sign their Undertaking and then present both at your college at the time of registration, each year.

Choose your Educational Institution Type (Follow ** For Help)

Affiliated College **Standalone College** **University**

After Successfully Submission of your Affidavit Form, you will receive your **REFERENCE NUMBER**

You can use that to **VERIFY YOUR AFFIDAVIT OR DOWNLOAD YOUR AFFIDAVIT**

In Case, You have lost your **REFERENCE NUMBER** you can get it back from **VERIFY AFFIDAVIT** using your Email

**Affiliated College - Colleges that are affiliated with any university. (Any Regular college)
 **Standalone Institute - Institutes which are not dependent on any university. (Teach or Training, Nursing etc)
 **University - Institutes that provide courses without any colleges. (Same as Regular Courses without any colleges.)

Sample Anti ragging Undertaking Form Downloaded and signed by students and Parents

Reference Number 1897083

UNDERTAKING BY PARENT/GUARDIAN

1. I, MR. JAMSHEER KV father/mother/guardian of, FAJINA KAMARUDHEEN K, having been admitted to PADMASREE INSTITUTE OF MANAGEMENT AND SCIENCES, have received a copy of the UGC Regulations on Curbing the Menace of Ragging in Higher Educational Institutions, 2009, (hereinafter called the Regulations), carefully read and fully understood the provisions contained in the said Regulations.
2. I have, in particular, perused clause 3 of the Regulations and am aware as to what constitutes ragging.
3. I have also, in particular, perused clause 7 and clause 9.1 of the Regulations and am fully aware of the penal and administrative action that is liable to be taken against my ward in case he/she is found guilty of or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging.
4. I hereby solemnly aver and undertake that My ward will not indulge in any behavior or act that may be constituted as ragging under clause 3 of the Regulations. My ward will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under clause 3 of the Regulations.
5. I hereby affirm that, if found guilty of ragging, my ward is liable for punishment according to clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken against my ward under any penal law or any law for the time being in force.
6. I hereby declare that my ward has not been expelled or debarred from admission in any institution in the country on account of being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, the admission of my ward is liable to be cancelled.

Declared on 09-04-2020

Signature of deponent

Name : MR. JAMSHEER KV
 Address : KULANGARVEETIL HOUSE KANJIRAMUKKU PO MALAPPURAM KERALA

VERIFICATION
 Verified that the contents of this undertaking are true to the best of my knowledge and no part of the undertaking is false and nothing has been concealed or misstated therein.
 Verified at MALAPPURAM 09-04-2020.

Signature of deponent

Reference Number 1897083

ANTI RAGGING UNDERTAKING BY THE STUDENT

1. I, FAJINA KAMARUDHEEN K s/o j d/o MR. JAMSHEER KV, having been admitted to PADMASREE INSTITUTE OF MANAGEMENT AND SCIENCES, have received a copy of the UGC Regulations on Curbing the Menace of Ragging in Higher Educational Institutions, 2009, (hereinafter called the Regulations) carefully read and fully understood the provisions contained in the said Regulations.
2. I have, in particular, perused clause 3 of the Regulations and am aware as to what constitutes ragging.
3. I have also, in particular, perused clause 7 and clause 9.1 of the Regulations and am fully aware of the penal and administrative action that is liable to be taken against me in case I am found guilty for abetting ragging, actively or passively, or being part of a conspiracy to promote ragging.
4. I hereby solemnly aver and undertake that I will not indulge in any behavior or act that maybe constituted as ragging under clause 3 of the Regulations. I will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under clause 3 of the Regulations.
5. I hereby affirm that, if found guilty of ragging, I am liable for punishment according to clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken against me under any penal law or any law for the time being in force. I hereby declare that I have not been expelled or debarred from admission in any institution in the country on account of being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, I am aware that my admission is liable to be cancelled.

Declared on 09-04-2020

Signature of deponent

Name : FAJINA KAMARUDHEEN K

VERIFICATION
 Verified that the contents of this undertaking are true to the best of my knowledge and no part of the undertaking is false and nothing has been concealed or misstated therein.
 Verified at MALAPPURAM 09-04-2020

Signature of deponent



Dr. Anuradha. M
 Principal
 Padmashree Institute of Management & Sciences

ANTI - RAGGING AWARENESS PROGRAMME

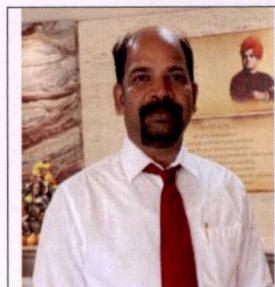
Anti-Ragging Cell in association with IQAC of
 Padmashree institute of Management and Sciences, Bangalore

Title	Anti - Ragging Awareness Program
Date	13- 04-2022
Resource Person	Dr. Thammaiah R.B. Associate professor, PIMS Ms. Manju Bargavi O. J. Assistant Professor, PIMS
No of Participants	250

Program Schedule

Time	Resource Person	Topic
01.30 PM to 02.00PM	Dr. Thammaiah R. B	The legal and institutional provisions against ragging
02.00PM to 2.30 PM	Ms. Manju Bargavi O. J	The importance of reporting incidents of ragging and the steps involved in reporting such incidents

Resource Person



Name: Dr. Thammaiah R. B
 Designation: Associate Professor
 Affiliation: Padmashree Institute of Management and science
 Phone no: +91 97425 67364
 Email Address: drthams1979@gmail.com



Name: Ms. Manjubargavi O.J.
 Designation: Assistant Professor
 Affiliation: Padmashree Institute of Management and science
 Phone no: 6366334109
 Email Address: mbhargavi1812@gmail.com

Program Summary: Antiragging Awareness Program

The program was aimed at educating students about the negative impacts of ragging and the steps to prevent and report incidents of ragging.

Dr. Thammaiah R.B., Associate Professor, PIMS, delivered a talk on the legal and institutional provisions against ragging. He emphasized various laws and regulations in place to prevent ragging and the consequences for those who engage in such activities.

Ms. Manju Bhargavi O. J., Assistant Professor, PIMS, spoke about the importance of reporting incidents of ragging and the steps involved in reporting such incidents. She highlighted the need for a collaborative approach involving students, faculty, staff, and local authorities in preventing and addressing ragging incidents.

The program was a successful in raising awareness about the negative impacts of ragging and the steps to prevent and report incidents of ragging. The participants were encouraged to work together to create a safe and inclusive educational environment that is free from ragging.



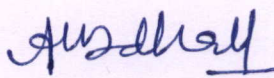

Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences



Photo Gallery : Anti-Ragging Awareness Program



Anuradha
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

PADMASHREE INSTITUTE OF MANAGEMENT AND SCIENCES
KOMMAGHATTA, BANGALORE

Anti-sexual harassment Committee

The Anti-sexual harassment Committee was constituted on the basis of the UGC (Prevention, Prohibition and Redressal of Sexual Harassment of Women Employees and Students in Higher Educational Institutions) Regulations, 2015.

According to the Supreme Court order, sexual harassment and physical contact are not tolerable. Demand or request for sexual favours, display of pornographic content in any form, any other annoying physical, verbal, and non-verbal conduct of sexual nature is not tolerable.

Objectives

- To promote awareness about sexual harassment through educational initiatives that encourage and adopt a safe environment for women on campus.
- To provide information regarding counselling and support services on the campus.
- To take constant action for prevention, prohibition and redressal of complaints received regarding sexual harassment and gender discrimination of women personnel at the workplace.
- To deal with cases of discrimination and sexual harassment against women, in a time bound manner, aiming at ensuring support service to the victimized and termination of the harassment.
- To ensure that victims or witnesses are not threatened or penalized for making complaint.
To ensure that the provisions of the Act are not misused by false complaints

Guidelines:

- Zero tolerance towards sexual harassments.
- To carry out gender sensitization against sexual harassment, by explaining what is sexual harassment, physical, verbal, or using electronic media in collaboration with gender resource centre.
- To ensure the right to safe campus and workplace; that safety of workplace/campus means providing normal atmosphere and ensuring not to curtail their freedom.

- Taking into account that vulnerable groups may be particularly prone to harassment - and to look after their special needs - based on class, caste, sexual orientation, and disability To provide assistance if an employee or a student chooses to file a complaint with the police.
- To enable a complainant to make a formal complaint where the complainant so wishes, and to act in accordance with the Act of 2013 and the UGC guidelines of 2015 to ensure that complaint and enquiry are carried out fairly and within the time set out by law
- To protect the safety of complainant and any witnesses by not revealing identities.
- To ensure that victims or witnesses are not threatened or penalized for making complaint.
- To ensure that the provisions of the Act are not misused by frivolous complaints.

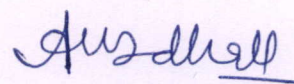
Mechanism for reporting Sexual harassment

Mrs. Manjubhargavi is a designated teacher for receiving and addressing complaints of sexual harassment, and students can reach out to her directly to report the incident. Student can schedule an appointment with her in person or over the phone or through email.

When student report an incident of sexual harassment one should provide as much detail as possible about the incident. This should include information about the date, time, location, and individuals involved, as well as any witnesses or evidence that they may have.

Mrs. Manjubhargavi or other college officials should ensure that appropriate action is being taken to address the situation.

If student feel that the response is inadequate or insufficient, Principal, Dr Anuradha, shall be contacted. A student should be assisted in filing a complaint with a government agency or seeking legal advice.



Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences


AWARENESS PROGRAM ON ANTI SEXUAL HARASSMENT

Date	15-04-2022
Event	Awareness program on sexual harassment
Resource person	Dr Anuradha. M., Principal, PIMS Dr Indu. B.K., Associate professor, PIMS
No of Participants	100

Schedule:

S. No.	Topic	Speaker	Time
1	Speaking Out Against Sexual Harassment	Dr Anuradha M Principal, PIMS	02:30 PM – 03:30 PM
2	Creating a Safe and Inclusive Workplace	Dr Indu B.K Associate Professor PIMS	03.30 PM- 4.30 PM

Resource person details

	Name: Dr. Anuradha M. Designation: Principal Affiliation: Padmashree Institute of Management and Sciences Phone no: 9902863900 email address: pimsprincipal@gmail.com
---	--


	Name: Dr. Indu B.K. Designation: Associate professor Affiliation: Padmashree Institute of Management and Sciences Phone no: 95131 14756 email address: indu1508@gmail.com
---	---

Photo Gallery: Awareness program on sexual harassment



Anuradha
Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences

Program Summary: Awareness program on sexual harassment

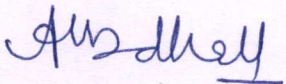
On April 18, 2022, an awareness program on Anti sexual harassment was held with 100 participants. The resource persons were Dr. Anuradha M, the principal of PIMS, who spoke on "Speaking out against sexual harassment" from 2:30 PM to 3:30 PM, and Dr. Indu B.K, PIMS, spoke on "Creating a safe and inclusive workplace" from 3:30 PM to 4:30 PM.

Dr. Anuradha M's talk focused on empowering individuals to speak out against sexual harassment, providing strategies for bystanders to intervene and support those who are experiencing sexual harassment, as well as tips for reporting and addressing incidents of sexual harassment.

Dr. Indu B. K's talk addressed the steps that employers can take to prevent sexual harassment in the workplace, including implementing clear policies, providing training to employees, and creating a culture that values respect and dignity for all.

Overall, the program aimed to raise awareness about the harm caused by sexual harassment and provide practical guidance for preventing and addressing incidents of sexual harassment. The talks by Dr. Anuradha M and Dr. Indu B.K provided valuable insights and strategies that can help participants create a safer and more inclusive environment.




Dr. Anuradha. M
Principal
Padmashree Institute of
Management & Sciences